

Kingstowne Dental Specialists Adds Invisalign in Alexandria, VA

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Kingstowne Dental Specialists has expanded its orthodontic services to include Invisalign in Alexandria, VA, adding a clear-aligner treatment option for patients seeking an alternative to traditional braces. The addition reflects continued interest in removable orthodontic appliances among teenagers and adults who want to address certain types of tooth alignment concerns.

Invisalign uses a sequence of clear, custom-made aligners designed to gradually move teeth according to an individualized treatment plan. The aligners are removable, allowing patients to take them out while eating, brushing, and flossing. This differs from conventional braces, which generally use fixed brackets and wires throughout treatment.

The Alexandria practice added the service as part of an expansion of its orthodontic treatment options. Clear aligner therapy has become an established approach in orthodontics, particularly for patients whose treatment needs can be addressed without traditional fixed appliances. Whether Invisalign is appropriate depends on a patient's dental condition, treatment goals, and clinical evaluation.

Patients often have questions about how clear aligners differ from traditional braces and whether the treatment is suitable for their specific orthodontic needs, said Dr. Jane Williams, lead orthodontist at Kingstowne Dental Specialists. The consultation gives the orthodontic team an opportunity to evaluate those needs and explain the available treatment approaches before a plan is established.

Treatment begins with an orthodontic consultation and examination. Digital imaging may be used to develop a three-dimensional representation of the teeth and assist with treatment planning. Based on the examination, a sequence of aligners can be created to guide tooth movement over the course of treatment.

Patients typically change aligners at scheduled intervals as treatment progresses. Follow-up appointments allow the orthodontic team to evaluate tooth movement, review the fit of the aligners, and determine whether adjustments to the treatment plan are necessary. Treatment duration and the number of aligners required

vary according to individual orthodontic needs.

Removability is one feature that distinguishes clear aligners from fixed braces. Because the trays can be taken out, patients can continue brushing and flossing without navigating around brackets or wires. At the same time, successful treatment generally depends on wearing the aligners for the amount of time recommended by the treating orthodontist.

The expansion also places additional emphasis on patient education about orthodontic treatment. Kingstowne Dental Specialists maintains online educational materials covering Invisalign and other dental topics, providing patients with background information before or during discussions with their dental care providers. These resources are intended to explain treatment concepts rather than replace an individual clinical assessment.

Interest in clear aligner treatment has broadened the range of orthodontic choices available to patients. Traditional braces continue to be used for many cases, while clear aligners may be considered for patients whose alignment issues and treatment requirements make them appropriate candidates. An orthodontic evaluation remains necessary to determine which approach is suited to a particular case.

The availability of Invisalign in Alexandria, VA gives local patients another treatment option when discussing tooth alignment with an orthodontic provider. The service expansion represents an additional approach within the practice's existing orthodontic care rather than a replacement for conventional braces or other established treatments.

Kingstowne Dental Specialists is located at 5931 Kingstowne Towne Center, Suite 130, Alexandria, Virginia. Appointments and additional information about orthodontic services are available by contacting the office at (703) 672-1000 or visiting www.kingstownedentalspecialists.com.

For media inquiries, contact Kingstowne Dental Specialists by phone at (703) 672-1000 or by email at info@kingstownedentalspecialists.com. The Alexandria dental practice provides general and specialty dental services for patients with a range of oral health and orthodontic needs.

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