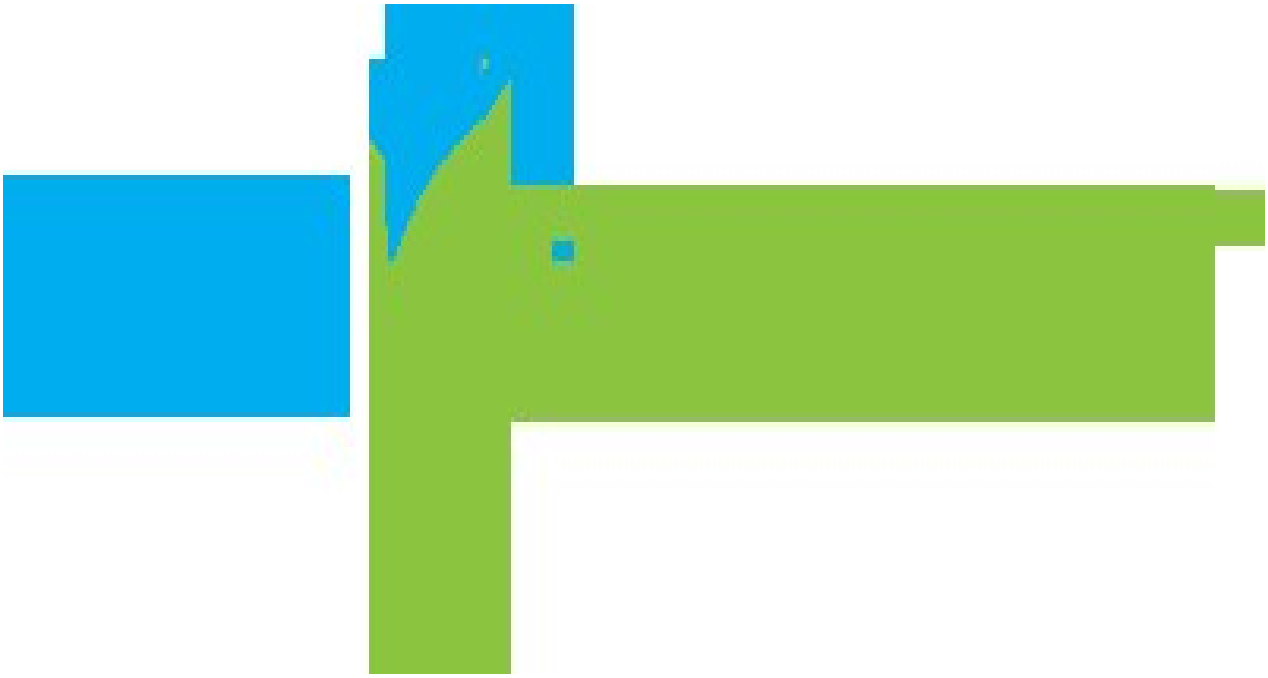

Research Reveals Curcumin?s Antibacterial Properties Being Potentially Helpful In Fighting Urinary Tract Infection

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Orlando, FL ? Turmeric continues to receive more rave reviews with research revealing it can potentially help fight Urinary Tract Infections. Turmeric is one of the ancient, medicinal spices that continues to amaze millions of people from around the world. This therapeutic substance is believed to offer a myriad of substantial health benefits. One of the conditions it is believed to be effective in fighting against is UTI.

Curcumin?s antibacterial properties are potentially helpful in fighting urinary tract infection. Many consumers have been surprised to learn that Curcumin is a phytochemical found in turmeric. It contains many therapeutic substances namely antibacterial, anti-inflammatory, and antioxidant properties. "Many people are often left amazed by the potential in this supplement! It is no surprise that our own sales continue to increase and every day we are receving more positive reviews about this incredible supplement," explained VitaBreeze Supplements spokesperson Michelle O'Sullivan.

According to the National Kidney and Urologic Diseases Information Clearinghouse, there are about 8 million individuals who suffer from urinary tract infections per year. This type of infection takes place when bacteria

start breaching the layers of the immune system and urinary tract, infiltrating the bladder and ureters.

The NKUDIC also added that women are more like to contract a UTI than men. The risk may increase every time a sufferer experience a UTI. Gene mutations and antibiotic resistance are factors believed to contribute to the development and progression of the condition.

It has been reported that sufferers may or may not suffer from symptoms. However, those who do may experience painful urination, urinary frequency and urge, and general discomfort in the bladder areas.

Antibiotics are generally used to treat UTI. However, unfortunately, this type of medication kills both the good and bad bacteria. There are, however, natural remedies such as turmeric that are thought to be extremely helpful in reducing the incidence or urinary tract infections.

?Curcumin has long been believed to fight various conditions, including those caused by bacteria and viruses,? said VitaBreeze Supplements spokesperson, Michelle O?Sullivan. This could explain the high demand for Curcumin supplements across the US market.

In 1999, the Journal of Agricultural and Food Chemistry published a study that found curcumin was able to kill various strains of bacteria. In 2009, the journal Food Chemistry published a study that reveals the antibacterial properties of curcumin has successfully killed UTI-causing bacteria, such as Staphylococcus aureus and E. coli bacteria.

While more research is still underway to validate the antibacterial actions of turmeric against UTI, the spice is generally believed to be effective in fighting various conditions and improving overall health.

Individuals who want to take advantage of the therapeutic benefits offered by turmeric may do so through supplementation. There are many curcumin supplements available nowadays. Experts recommend the use of curcumin supplements with BioPerine.

BioPerine is a black pepper extract and is a bioavailability-enhancing ingredient. It is believed to be effective in increasing the delivery of curcumin?s nutrients inside the body (http://amazon.com/Turmeric-Curcumin-Complex-PeppeExtract-Bio-availability/dp/B00JA4TLTI/).
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For more information about VitaBreeze, contact the company here:VitaBreezeBenjamin Lasance(407) 545-2239media@vitabreeze.com4700 Millenia BlvdSuite 175 FOrlando, FL 32839

VitaBreeze

VitaBreeze is a nutraceutical brand that manufactures high-quality natural supplements to help people live a healthy, enjoyable and longer life. Learn more at www.VitaBreeze.com

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