



Compassion Behavioral Health Publishes New Resource Spotlighting Mental Health as a Core Standard in Addiction Treatment

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Compassion Behavioral Health has published a new educational resource examining the role mental health care can play when patients and families evaluate addiction treatment centers. The newly released article, "Top Addiction Treatment Centers Built Around Mental Health Care," explores the connection between substance use disorders, psychiatric symptoms, withdrawal management, and continuing behavioral health treatment.

The resource emphasizes that substance use treatment may involve more than addressing alcohol or drug consumption in isolation. Depression, anxiety, post-traumatic stress disorder, bipolar disorder, trauma-related symptoms, and other psychiatric conditions can occur alongside substance use disorders. The article identifies mental health assessment as an important part of treatment planning, particularly during early care when clinicians evaluate withdrawal risks, substance use history, physical health, psychiatric symptoms, and the appropriate next level of treatment.

This focus reflects broader federal guidance on co-occurring mental health and substance use disorders. According to the Substance Abuse and Mental Health Services Administration, approximately 21.2 million U.S. adults experienced both a mental illness and a substance use disorder in 2024. SAMHSA's 2024 National Survey on Drug Use and Health also found that 41.2 percent of adults with both conditions received neither substance use treatment nor mental health treatment during the year, while only 14.5 percent received treatment for both.

Compassion Behavioral Health's website describes a continuum of services that includes medical detoxification, residential care, partial hospitalization, intensive outpatient programming, outpatient treatment, and virtual therapy. Treatment services address alcohol and other substance use disorders as well as conditions including depression, anxiety disorders, bipolar disorder, post-traumatic stress disorder, obsessive-compulsive disorder, schizophrenia, mood disorders, and co-occurring disorders.

Treatment approaches listed by the provider include cognitive behavioral therapy, dialectical behavioral therapy, eye movement desensitization and reprocessing, transcranial magnetic stimulation, neurofeedback, motivational interviewing, relapse prevention, individual therapy, and group therapy. Specialty services include dual diagnosis care, family programming, medication-assisted treatment, and programming for veterans.

The Hollywood location is identified by Compassion Behavioral Health and an independent Psychology Today listing as providing detoxification and residential levels of care. The provider describes medical detox as involving 24-hour supervision during withdrawal management, while residential care provides a structured setting for continued treatment.

These distinctions can be relevant for people researching drug rehab Hollywood, Florida options. Addiction treatment is not a single level of care, and the appropriate setting can vary according to medical stability, withdrawal risk, psychiatric symptoms, substance use severity, home environment, and treatment history.

People comparing alcohol rehab Hollywood Florida programs may also consider whether a provider can identify and address co-occurring psychiatric concerns. The newly published resource places this relationship within the broader discussion of evaluating addiction treatment centers and explains why psychiatric assessment during stabilization may help inform decisions about residential, dual diagnosis, or outpatient care.

Independent information provides additional context regarding the organization's credentials. Psychology Today lists Compassion Behavioral Health at 1701 Mayo St, Hollywood, FL 33020 as a verified treatment center and reports that the organization has been in business for 11 years. The directory lists credentials

associated with The Joint Commission, the Florida Department of Children and Families, and the Florida Agency for Health Care Administration. It also identifies addiction, dual diagnosis, trauma, and PTSD among the center's areas of treatment.

The Joint Commission states that its behavioral health accreditation program requires participating organizations to demonstrate compliance with national standards through comprehensive reviews. Those standards address areas including treatment practices, staffing, leadership, emergency planning, facilities, quality, patient safety, appropriate levels of care, and transitions between services.

For patients entering searches such as alcohol rehab near me Hollywood Florida, proximity may be one consideration, but the resource encourages evaluation of broader clinical factors. Available levels of care, mental health capabilities, licensing, accreditation, evidence-based therapies, treatment for co-occurring disorders, medication management, and continuity following detox can all influence treatment planning.

The resource may also be useful to patients and families in surrounding communities, including Emerald Hills, Harbor Islands, Hollywood Lakes, Hollywood Hills, and Hollywood Beach. Location-specific searches can help people identify nearby treatment programs, while clinical information can help them compare the services and levels of care those programs provide.

National data further support the relevance of integrated behavioral health services. SAMHSA reported that in 2024, 62.3 percent of substance use treatment facilities offered treatment for co-occurring disorders together with either serious mental illness in adults or serious emotional disturbance in children, up from 59.4 percent in 2021.

The new article adds to Compassion Behavioral Health's educational materials on addiction, mental health, detoxification, dual diagnosis, and treatment planning. Its central focus is that detoxification, residential care, psychiatric treatment, psychotherapy, and continuing recovery support can function as connected parts of behavioral health treatment rather than isolated services.

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Compassion Behavioral Health -Mental Health Treatment Hollywood, FL

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