



North Star Heating & Air Conditioning Urges Sandy Homeowners to Check AC Performance After Late Summer Heat

September 16, 2026

SANDY, UT - September 16, 2026 -

North Star Heating & Air Conditioning, a family-owned, second-generation HVAC company based in Sandy, Utah, is reminding local homeowners to evaluate their air conditioning systems following an extended stretch of late summer heat. Prolonged high temperatures place heavy demand on cooling equipment, and that seasonal strain can bring underlying issues to the surface before the next cooling season arrives.

According to the company, weeks of continuous operation during hot afternoons often reveal problems that go unnoticed earlier in the year. Common warning signs include weak airflow from vents, warm air where cool air is expected, short cycling, and uneven cooling from room to room. Homeowners may also notice unusual noises, thermostat readings that do not match indoor conditions, rising energy use, or a system that struggles to recover after the hottest part of the day.

These symptoms can point to a range of concerns, from clogged ductwork and low refrigerant to aging

components that no longer perform as they once did. Identifying such issues in late summer gives homeowners time to schedule repair, maintenance, or further evaluation before demand returns the following year.

Terry Kelsch, a representative of North Star Heating & Air Conditioning, noted that heavy seasonal use often functions as an unintended stress test for residential cooling systems. "When a system runs hard for weeks at a time, small problems tend to show themselves," Kelsch said. "A vent that feels warmer than it should or a unit that cannot keep up after a hot afternoon is worth paying attention to. Late summer is an ideal time to look closely, because there is still room to address concerns before the next season."

The company explained that airflow issues and short cycling are among the most frequently overlooked signals. Short cycling, in which the system turns on and off in rapid succession, can indicate improper sizing, a failing component, or a thermostat problem. Uneven cooling, meanwhile, may reflect duct obstructions or airflow imbalances that reduce comfort and efficiency throughout the home. For residents evaluating these signs, North Star Heating & Air Conditioning - Sandy, UT provides assessments intended to help homeowners understand the condition of their equipment.

Kelsch added that rising energy use during a period of steady weather can be an early indicator that a system is working harder than necessary. "Homeowners know their own routines," he said. "When cooling costs climb without an obvious reason, that change is often the first clue that a system needs attention."

The company emphasizes honest evaluations and clear explanations so that homeowners can make informed decisions about AC repair, maintenance, or replacement. Those considering North Star Heating & Air Conditioning repair in Sandy can review system performance now while temperatures remain elevated.

North Star Heating & Air Conditioning has served the Sandy community since 1998 and offers air conditioning services, heating services, duct cleaning, and indoor air quality solutions across Salt Lake County, Utah County, and surrounding areas. The second-generation, family-owned company is fully insured and certified, with a local office supporting communities throughout Sandy, UT.

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For more information about North Star Heating & Air Conditioning, contact the company here: North Star Heating & Air Conditioning Terry Kelsch (801) 285-9282 info@northstarheatingandairutah.com 9980 South 300 West #20092 Sandy, UT 84070

North Star Heating & Air Conditioning

North Star Heating & Air Conditioning is an HVAC contractor with 3 locations. The oldest is West Jordan, and then Sandy and Lehi. In addition to heating and air, they do indoor air quality duct cleaning and heat pumps.

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