



Forza Chiropractic Updates Post-Collision Guide for Cook County, IL Residents Seeking Car Accident Care

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Forza Chiropractic has updated its public guide on post-collision evaluation and added a frequently asked questions section covering the timing of care, documentation, and common insurance considerations after a motor vehicle crash. The resource is maintained under founder Dr. Drew Voelsch and explains how the practice approaches evaluations for people experiencing neck, back, or other physical concerns following a collision.

Dr. Drew Voelsch is the founder and clinic director of Forza Chiropractic. He earned his Doctor of Chiropractic degree from Palmer College of Chiropractic in Davenport, Iowa, and established Forza Chiropractic in 2009 after operating a wellness clinic in Chicago's South Loop. His work focuses on structural and foundational factors related to spinal motion and the supporting tissues of the body. The updated guide is medically reviewed by Dr. Voelsch, a Palmer College of Chiropractic graduate and Certified Strength and Conditioning Specialist.

The revised guide explains that symptoms following a collision can vary from person to person and may not always appear immediately. Some people experience neck pain, headaches, back discomfort, or other symptoms shortly after a crash, while others may notice changes later. The guide encourages people involved in a collision to pay attention to changes in how they feel and consider an appropriate evaluation when concerns arise. The timing and presentation of post-collision symptoms can depend on factors such as the type of impact, the individual, and the areas affected.

The added frequently asked questions section addresses four topics drawn from the clinic's auto-injury process. The first covers evaluation after a crash when symptoms are not yet present, explaining that an assessment can provide an opportunity to document the individual's condition and establish a baseline for future comparison when appropriate. The second summarizes insurance considerations for auto-injury care in Illinois, while noting that available coverage and payment arrangements depend on the individual policy, circumstances of the collision, and other factors. The third explains how visit records can be organized for later review, including examination findings, imaging when clinically appropriate, and progress measurements. The fourth addresses the timing of care and encourages individuals to discuss evaluation and treatment options with an appropriate healthcare provider based on their circumstances.

Dr. Drew Voelsch commented, "After a collision, people can feel fine at first and notice changes later. We want patients to have clear information about what an evaluation involves so they can make informed decisions about their care and have their initial findings properly documented."

According to the updated guide, auto-injury evaluations at Forza Chiropractic begin with a consultation about the collision. The discussion can include details such as the direction of impact, the type of collision, and other circumstances that may be relevant to the examination. The visit may then include a focused orthopedic and neurological examination, standing digital X-rays when appropriate, and postural analysis. These findings can provide a baseline that helps the practice assess the patient's current condition and develop an appropriate care plan.

The guide explains that care following a collision is based on the individual's presentation and tolerance. During the initial phase, the practice may use gentle approaches based on the patient's condition rather than applying an aggressive approach to an area that has recently experienced trauma. As the patient progresses, follow-up examinations can provide additional information about changes in mobility, posture, and other measurable findings. The care plan can then be reviewed as appropriate.

Dr. Voelsch has managed more than 50 personal injury cases and provides expert-witness services that include record reviews, independent medical examinations, depositions, and trial testimony. When a patient already has legal representation, the practice can coordinate with that counsel as appropriate. Documentation includes examination findings, imaging when indicated, progress measurements, and clinical

notes related to the patient's reported history and presentation.

Dr. Voelsch added, "Good documentation gives everyone a clear picture of where a patient started and how their findings change over time. Our goal is to keep the records clear, organized, and useful for the patient, their healthcare team, and other authorized parties who may need to review them."

The guide also notes that symptoms extending into the hips or legs may be discussed during an evaluation when relevant. A healthcare provider can determine whether additional assessment is appropriate based on the patient's symptoms and examination findings. Disc-related concerns, changes in posture, headaches, and other issues can have different potential causes and may require individualized evaluation. Methods used at the practice include the F1 Technique for specific, low-force joint corrections and measurement-based assessment associated with Chiropractic Biophysics.

Forza Chiropractic has operated in Arlington Heights since 2009 and serves surrounding communities including Palatine, Rolling Meadows, Mount Prospect, Des Plaines, and Buffalo Grove. The updated resource presents the first visit as an opportunity to discuss the collision, review relevant symptoms, complete appropriate testing, and establish a documented starting point for care. Cook County, IL residents looking for information about car accident care can use the guide to learn more about the practice's evaluation process and the types of documentation that may be included.

Mechanical factors following a collision can include changes in joint movement, muscle tension, posture, and other physical findings. Each person can respond differently to an impact, and an evaluation can help identify the findings that are relevant to that individual. The guide presents early assessment and documented follow-up as part of the practice's approach to understanding a patient's condition and reviewing changes throughout the course of care.

The frequently asked questions addition is intended to organize information that patients and referring parties commonly request after a crash. Topics are presented in plain terms, including whether an evaluation can be useful before soreness appears, how insurance coverage may apply in Illinois, how records can be prepared for authorized review, and what factors can influence the timing of care. The clinic's stated position is that patients should have access to clear information about their options and that documentation can be maintained as care progresses.

The updated guide also emphasizes communication throughout the evaluation and care process. Patients can discuss their symptoms, concerns, and questions during appointments, while examination findings and other relevant information can be incorporated into the clinical record. This approach gives patients a clearer understanding of the steps involved in post-collision care and provides a consistent framework for follow-up evaluations.

Forza Chiropractic continues to publish the post-collision evaluation guide as part of its structural chiropractic practice. Dr. Voelsch's experience with personal injury cases informs the practice's approach to documentation and communication. The combination of an updated written guide, added frequently asked questions, collision-specific history, appropriate imaging, and documented follow-up provides Cook County, IL residents with accessible information about what they can expect when considering chiropractic evaluation after a motor vehicle accident.

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Forza Chiropractic

At Forza Chiropractic, your trusted Chiropractor Arlington Heights, we help families, athletes, and everyday adults move better, feel better, and function at their highest level.

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