

Aviva Labs Examines Spray Tan Starter Kit Components

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Aviva Labs provides an overview of the equipment, supplies, and practical considerations commonly associated with a spray-tan starter kit. A complete setup typically combines an application system, tanning solutions, workspace protection, preparation products, cleaning materials, and basic safety accessories. Understanding the role of each component can help new technicians create a more organized working environment and develop consistent application practices.

The application system is the central component of the setup. Most professional systems use a turbine to generate airflow, which connects to an applicator gun via a flexible hose. The applicator gun combines airflow with tanning solution to produce a fine mist. Adjustable controls may regulate solution flow, spray pattern, and output, allowing coverage to be adapted for different body areas.

High-volume, low-pressure systems are commonly used for professional sunless tanning. These systems move a substantial volume of air at relatively low pressure, creating a softer spray pattern than many traditional compressed-air systems. Controlled pressure can help reduce excessive overspray while supporting an even application across the skin.

Applicator gun quality can influence both ease of use and spray consistency. Important features include trigger response, nozzle design, needle size, cup capacity, weight, and adjustment controls. A smooth trigger allows gradual control over solution release, while a properly maintained nozzle helps prevent sputtering, dripping, or uneven mist.

Solution cups may be positioned above or below the applicator gun, depending on the equipment design. Gravity-feed cups sit above the gun and use gravity to support solution flow. Bottom-feed cups attach beneath the gun and may hold a larger amount of solution. The preferred design often depends on comfort, appointment volume, and familiarity with equipment.

Tanning solution represents another essential component. Formulas vary in active ingredient concentration,

cosmetic bronzer color, drying speed, fragrance, and undertone. Some kits include several solution options, allowing technicians to become familiar with different development times and cosmetic finishes. Clear labeling and careful storage help reduce confusion during appointments.

A starter setup may also include preparation products designed to support a more even cosmetic result. Exfoliating products help remove loose surface skin before an appointment, while barrier creams may be applied sparingly to dry areas such as elbows, knees, knuckles, ankles, and heels. These areas can absorb the tanning solution more readily, resulting in darker patches without proper preparation.

Disposable accessories contribute to cleanliness and client comfort. Common examples include hair caps, adhesive foot protectors, undergarments, nose filters, and applicator mitts. Availability can vary between kits, so the included supply quantities should be reviewed before scheduling multiple appointments.

Workspace protection is especially important during early training sessions. Spray tanning creates a fine airborne mist, even when equipment settings remain carefully controlled. A pop-up tent can help contain overspray and protect surrounding walls, furniture, and flooring. Dark or washable tent materials can simplify cleanup and make solution residue less noticeable between cleaning sessions.

Near the middle of a spray tan starter kit evaluation, ventilation and extraction should receive close attention. An extraction unit draws airborne mist through a filter, helping limit residue within the treatment area. Good ventilation can also improve visibility and create a more comfortable environment for both the technician and the client.

Lighting affects application accuracy. Bright, even lighting makes missed areas, heavy coverage, and uneven blending easier to identify. Portable lighting may be useful for mobile services or rooms with limited overhead illumination. Shadows around the legs, arms, or torso can make application patterns harder to assess.

Floor protection may include washable mats, disposable liners, or non-slip coverings. Tanning solution can make smooth flooring slippery, particularly after several appointments. A stable surface supports safer movement while reducing the amount of cleanup required at the end of a working session.

Cleaning materials help maintain reliable equipment performance. Applicator guns generally require flushing after use to prevent dried solution from collecting inside the nozzle, needle assembly, cup, or internal passages. Approved cleaning solution, soft brushes, lint-free cloths, and small maintenance tools may be included with some systems.

Harsh chemicals and sharp objects should not be used on precision components unless specifically recommended by the equipment manufacturer. Improper cleaning can damage seals, scratch needles, widen

nozzle openings, or alter spray performance. Gentle cleaning immediately after use is often easier than removing dried residue later.

Replacement filters and spare parts may add practical value to a new setup. Air filters protect the turbine from dust and debris, while extraction filters collect airborne tanning residue. Filter condition can affect airflow, motor performance, and workspace cleanliness. Spare seals, cups, lids, hoses, and nozzle components can reduce interruptions caused by minor wear.

Storage accessories also deserve consideration. Tanning solutions should generally remain tightly sealed and stored according to the manufacturer's instructions. Exposure to excessive heat, sunlight, or air can affect formula quality. Labeled containers, covered shelving, and separate storage for clean and used accessories can simplify daily organization.

Training materials often accompany beginner packages. Printed instructions, technique guides, videos, or application charts may explain equipment assembly, spray patterns, cleaning procedures, and body positioning. Practical training remains important because equipment alone cannot create consistent results without controlled movement and proper application technique.

A basic application approach involves steady passes, consistent distance, careful overlap, and lighter coverage on dry or narrow areas. Hands, feet, elbows, knees, and facial areas usually require greater control than the torso or legs. Excessive product can create uneven fading, longer drying times, and unnecessary transfer onto clothing.

Appointment planning should account for setup, consultation, preparation, application, drying, and cleanup. A well-organized station helps prevent repeated movement between storage areas and reduces the chance of missing essential supplies. Keeping disposable items, solutions, cleaning products, and towels within easy reach can support a smoother workflow.

Aviva Labs notes that the value of a beginner setup depends less on the number of included items and more on whether the components support safe, clean, and repeatable service. Equipment compatibility, solution variety, ventilation, maintenance supplies, training resources, and replacement-part availability all deserve careful review.

A practical starter package should provide the basic tools required for learning without creating unnecessary complexity. Clear instructions, reliable airflow, an adjustable applicator, suitable workspace protection, appropriate cleaning materials, and organized supplies can establish a strong foundation for professional sunless tanning services.

About Aviva Labs:

Aviva Labs is a biotech-rooted manufacturer specializing in sunless tanning solutions and professional education. The company develops science-based formulations for skin health, including oil- and alcohol-free products. The organization operates its own research and development lab and production facility to maintain quality and consistency. In addition to manufacturing, Aviva Labs provides professional certification and business training through its spray tanning academy to partners in over 110 countries.

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