

Peaceful Waters Massage Offers Massage Ion Cleanse Detoxification Therapy And Colon Hydrotherapy

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Massage Center, Peaceful Waters Massage, occupying an office space in the Century Office Park building in Woodbury Minnesota, now offers ion cleanse detoxification therapy foot bath and colon hydrotherapy.

Peaceful Waters provides natural wellness therapies using the most advanced, state-of-the-art equipment in a safe, modest, comfortable, professional and relaxed setting. Their well-trained, certified and caring staff values all of their clients and believes in providing an excellent experience for each.

Owner Tammy Fischer, is a Certified Massage Therapist, graduating from Globe University in 2014, and is certified in Cranio Sacral Therapy through the Heartwood Institute of Integrative Medicine. Fischer has also been certified through I-Act (International Association of Colon Hydrotherapy,) since 2008 and has been administering colonics in the Twin Cities ever since.

?My desire is to provide excellent customer service, offering natural wellness therapies to help clients achieve their health goals,? says Fischer

Massage can help specifically address a number of health issues such as easing medication dependence, lessen depression and anxiety, and improve range of motion.

Ion cleansing helps the body get rid of toxins through the feet. The cleanse removes heavy metal toxins, which are very difficult to rid from the body and have traditionally required more intensive therapies such as IV chelation. The ion cleanse is a noninvasive and gentle method of cleansing toxins.

Fischer also performs deep tissue massage, geriatric massage, myofascial massage, craniosacral therapy, lymphatic drainage, hot stone, and colon hydrotherapy. A gentle infusion of warm water is repeatedly introduced into the colon to stimulate peristalsis and to hydrate.

?The colon hydrotherapy system we use is the Angel of Water, which is a gravity-fed, open design. Clinics and spas around the world have chosen the Angel of Water because it is the premier colon hydrotherapy system,? says Fischer.

Peaceful Waters Massage offers a membership program. Members receive a discounted rate on services. To become a member, complete any three therapy sessions within six weeks. To maintain membership, complete four therapy sessions per year. There is no separate membership fee.

Peaceful Waters Massage also offers a refer-a-friend program, earning a \$10.00 coupon towards any service when you refer-a-friend to Peaceful Waters. If customers refer more than one person, they can save their coupons and use as many as they want towards a therapy session.

For more information visit the website:

http://www.peacefulwaters.us/contact.html

JGM Properties works has 400+ commercial real estate tenants, including Peaceful Waters Massage and Wellness Spa, to provide office, warehouse, and retail space for lease in Minnesota. Founded in 1980, JGM Properties and owns and manages the Century Office Park building, as well as 22 other suburban Twin City warehouse, office and retail properties.

Peaceful Waters Massage relocated in March to their new location is Suite 345 in the Century Office Park building at 6043 Hudson Road, conveniently located near Highway 94 and Century Avenue.

For more details about leasing space from JGM Properties visit their website:

http://www.jgmproperties.com/properties-list/properties/

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For more information about Peaceful Waters Massage and Wellness Spa, contact the company here:Peaceful Waters Massage and Wellness SpaTammy Fischer651-330-9583info@peacefulwaters.us6043 Hudson Road, Suite 345Woodbury, MN 55125

Peaceful Waters Massage and Wellness Spa

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