Pediatric Eye Specialists Offers Pediatric Eye Exams and On-Site Ophthalmologist Care in Fort Worth, Texas

November 12, 2026

Fort Worth, Texas - November 12, 2026 -
Pediatric Eye Specialists, an ophthalmology practice in Fort Worth, Texas, provides routine pediatric eye exams conducted by therapeutic optometrists, with fellowship-trained pediatric ophthalmologists available at the same practice when medical or surgical evaluation is required. The practice serves families across Fort Worth, Keller, Mansfield, and Prosper, Texas, through a care model that keeps routine visits and specialty care under the same roof. A recently published article on the practice's website, titled "How Do I Find the Best Pediatric Eye Exam for My Child in DFW?", outlines the qualifications parents should look for when selecting pediatric eye care and details how the integrated optometrist-ophthalmologist model functions at Pediatric Eye Specialists.

Families in Fort Worth seeking a pediatric eye exam can schedule an appointment with one of the practice's three therapeutic optometrists. Dr. Robert (Trey) Paschal has more than 16 years of experience in children's eye care and performs specialty contact lens fittings for infants. Dr. Alicia Derry brings over 20 years of pediatric experience and is involved in clinical amblyopia research. Dr. Emily Horn, with more than 10 years of pediatric experience, serves as principal investigator for digital amblyopia treatment studies. Routine exams at all four Pediatric Eye Specialists locations, which include Fort Worth, Keller, Mansfield, and Prosper, are conducted by these optometrists using age-appropriate testing methods designed for infants, toddlers, non-verbal children, and adolescents.

According to the article, a routine pediatric eye exam typically takes 45 to 60 minutes and includes visual acuity testing using age-appropriate methods, an eye alignment assessment, refraction to determine whether glasses are needed, and an evaluation of overall eye health including a dilated examination of the retina and optic nerve. Routine exams detect refractive errors such as nearsightedness, farsightedness, and astigmatism, along with amblyopia, eye alignment issues that may indicate strabismus, focusing problems, and early signs of conditions that benefit from medical attention. Many of these issues present no symptoms a parent would recognize at home, which is one reason professional examination matters even when a child appears to see normally. When a routine exam identifies a medical or surgical concern such as amblyopia (lazy eye), strabismus (crossed eyes), or congenital cataracts, an ophthalmologist consultation is arranged at

the same practice, often within days rather than weeks.

Fellowship-trained pediatric ophthalmologists providing consultations and surgical care at Pediatric Eye Specialists include Dr. Eric A. Packwood, Administrative Director of Ophthalmology at Cook Children's Medical Center; Dr. Alan A. Norman, Medical Director of Ophthalmology at Cook Children's Medical Center; and Dr. Michael G. Hunt, Research and Education Director of Ophthalmology at Cook Children's Medical Center. Pediatric surgeries performed by the ophthalmology team take place at Cook Children's Medical Center in Fort Worth.

"Parents often do not realize the difference between a school vision screening and a comprehensive pediatric eye exam," said Dr. Eric A. Packwood, MD, MBA, board-certified pediatric ophthalmologist and founding partner of Pediatric Eye Specialists. "A child can pass a screening and still have amblyopia, a refractive error, or an alignment issue that only a comprehensive exam will catch. Having therapeutic optometrists conducting those exams, with fellowship-trained pediatric ophthalmologists at the same practice, means a concern identified during a routine visit can be evaluated by a specialist without a separate referral or a new set of medical records at a different office."

Dr. Packwood has been named a Super Doctor by Texas Monthly more than thirty times, a Best Doctor for Your Child by D Magazine, and a Top Doc by Fort Worth, Texas magazine. He has practiced pediatric ophthalmology in Fort Worth since 2000 and serves as Administrative Director of Ophthalmology at Cook Children's Medical Center. The American Academy of Ophthalmology recommends a first comprehensive pediatric eye exam around age three to four, or sooner if a screening by the primary care physician indicates earlier evaluation is appropriate. Amblyopia treatment is most effective when started during the critical period of visual development before age seven, though newer research indicates some children can benefit from treatment beyond that age.

The Pediatric Eye Specialists flagship office is located at 321 S Henderson St, Fort Worth, TX 76104, near Cook Children's Medical Center. The Fort Worth location serves families from Fort Worth, Arlington, Benbrook, Burleson, Weatherford, and surrounding communities, while additional Pediatric Eye Specialists offices in Keller, Mansfield, and Prosper provide pediatric eye exam access throughout North Texas. Driving directions from Fort Worth to the Pediatric Eye Specialists office are available through Google Maps.

Pediatric Eye Specialists provides pediatric eye exams, amblyopia treatment, strabismus treatment, and pediatric eye surgery in Fort Worth, Texas, with additional offices serving families in Keller, Mansfield, and Prosper. More information about pediatric eye exams at Pediatric Eye Specialists in Fort Worth is available at www.pedieyes.com, and the Fort Worth Google Business Profile. The practice continues to see children from

birth through adolescence at four North Texas locations.

###

For more information about Pediatric Eye Specialists, contact the company here:Pediatric Eye SpecialistsDawn Lambinfo@pediatriceyespecialists.comPediatric Eye Specialists321 S Henderson St.Fort Worth, TX 76104

Pediatric Eye Specialists

Pediatric Eye Specialists is the most experienced and specialized pediatric practice in the region, offering elite eye care so your child sees their brightest future.

Website: https://www.pedieyes.com/

Email: info@pediatriceyespecialists.com