



New Hope Ranch Provides Evidence-Based and Holistic Addiction Treatment Across Its Austin TX Programs

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New Hope Ranch, a CARF-certified drug and alcohol treatment center on Sparks Road in Manor, Texas, roughly 12 miles east of downtown Austin, provides personalized and comprehensive evidence-based and holistic treatment for adults, adjusting each treatment plan against measured clinical results rather than against a fixed program length.

The center serves the Austin metropolitan area and operates as part of Discovery Addiction Services, a network of addiction and behavioral health facilities with eight locations across five states. New Hope Ranch is licensed as a drug and alcohol treatment center, as well as a facility that can treat co-occurring disorders.

Three levels of care are offered by New Hope Ranch at the ranch campus: medical detox, residential treatment, and partial hospitalization, the last available with or without boarding. That structure allows a patient to step down through decreasing levels of clinical intensity without transferring to a different provider, part of New Hope Ranch's dedication to their continuum of care.

Treatment at the center follows measurement-based care, an approach that administers standardized clinical instruments at set intervals during treatment and uses the scores to direct clinical decisions. At New Hope Ranch, 27 separate wellness indicators are measured over the course of a patient's stay, including depression, anxiety, and substance use screening. The method has moved from research settings into routine behavioral health practice over the past decade, driven in part by accrediting bodies and payers seeking documented clinical tracking rather than clinician impression alone.

New Hope Ranch is certified by CARF, the Commission on Accreditation of Rehabilitation Facilities, an independent accreditor that evaluates health and human services providers against published standards through on-site survey. CARF accreditation is voluntary and is renewed on a fixed cycle.

Among the center's programs is Stars & Stripes, which is built for veterans and first responders and includes support for reintegration into civilian and community life. Populations in those two groups carry occupational trauma exposure patterns that differ from the general treatment population, and specialized tracks have become more common across the addiction treatment field over the past decade.

Clinically, the center delivers cognitive behavioral therapy, dialectical behavior therapy, and acceptance and commitment therapy. Its published service list also includes art and music groups, fishing, and restorative yoga. Rather than requiring a single recovery framework, New Hope Ranch accommodates several, including Alcoholics Anonymous, Narcotics Anonymous, SMART Recovery, Celebrate Recovery, and Refuge Recovery – a range that reflects a wider move in the field away from mandating one mutual-aid model for all patients.

Detox at the residential level is the medically supervised management of withdrawal, and for alcohol and certain sedatives it carries genuine physiological risk, which is why the presence of on-site detox rather than a referral arrangement changes what a program can admit. New Hope Ranch offers it on campus.

The ranch setting itself is part of the treatment design. Residential addiction programs sited outside urban centers trade proximity to a patient's home support network for distance from the environment and social cues associated with their use, and the tradeoff is deliberate. Manor places the campus far enough from Austin for that separation while keeping the metropolitan area within a short drive for family participation, which residential programs increasingly build into the treatment week rather than reserving for discharge planning.

Aftercare runs under the network's Discovery for Life program, which includes the Discovery365 mobile application. According to Discovery Addiction Services, the app uses artificial intelligence to support patients after discharge. The post-discharge period is the interval in which relapse risk is concentrated, which is why

continuing support structures have become a standard component of residential program design.

The Manor campus is open 24 hours a day, seven days a week, with wheelchair-accessible entry and parking. Clinical leadership at the location represents more than 100 years of combined experience, according to the organization. The center's Google Business Profile listing is at <https://www.google.com/maps?cid=14039754661303644138>.

About New Hope Ranch

New Hope Ranch is an addiction treatment center located at 11908 Sparks Rd, Manor, TX 78653, serving the Austin, Texas area. The center provides medical detox, residential treatment, and partial hospitalization for adults, is certified by CARF, and is part of Discovery Addiction Services. New Hope Ranch can be reached at (737) 263-0767. More information is available at discoveryaddictionservices.com/locations/new-hope-ranch/.

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For more information about New Hope Ranch, contact the company here: New Hope Ranch New Hope Ranch (737) 263-0767 digital@discoverybh.com 11908 Sparks Rd Manor, TX 78653

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New Hope Ranch, part of Discovery Addiction Services, is a drug and alcohol treatment center near Austin in Manor, TX, providing medical detox, residential rehab, PHP, and IOP on a ranch campus with measurement-based, evidence-based addiction care.

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