



Sasso Guerrero & Henderlite Highlights Benefits of Family Law Mediation in Florida

September 21, 2026

JACKSONVILLE, FL - September 21, 2026 -

Sasso Guerrero & Henderlite, a Jacksonville-based law firm concentrating in family and criminal law, has released educational guidance intended to help Florida residents understand the fundamentals and potential advantages of family law mediation when addressing divorce and related family disputes.

Mediation is a process in which parties work with a neutral, trained mediator to discuss disputed issues and attempt to reach mutually acceptable agreements outside of a courtroom. The mediator does not decide the outcome or represent either side. Instead, the mediator facilitates conversation, helps clarify areas of disagreement, and guides the parties as they consider possible solutions tailored to their circumstances.

According to the firm, family law mediation in Florida can address a wide range of matters that commonly arise during divorce and other proceedings. These often include property and financial issues, parenting plans and timesharing arrangements, child support, and other concerns specific to a family's situation. Because the parties participate directly in shaping the terms, mediation can offer greater flexibility than a

court process in which decisions are imposed by a judge.

The firm notes several potential benefits associated with the mediation approach. Direct participation allows parties to remain more involved in resolving their own disputes, which can encourage communication and cooperation. Mediation may also reduce some of the time, expense, and conflict that can accompany litigation, though outcomes depend heavily on the facts of each case.

"Mediation gives families an opportunity to work through difficult issues in a setting designed for problem-solving rather than confrontation," said Jay Henderlite, managing partner at Sasso Guerrero & Henderlite. "It is important to understand that entering mediation does not mean the parties agree at the outset. It simply means they are willing to sit down and try to find common ground with the help of a neutral professional."

The firm emphasizes that mediation is one of several methods available for resolving family law matters and is not appropriate in every situation. Circumstances such as significant power imbalances or certain safety concerns may make mediation less suitable, and the appropriateness and results of the process vary from case to case. Evaluating whether mediation fits a particular set of facts is part of the guidance the firm provides to those weighing their options.

"Every family is different, and there is no single path that works for everyone," Henderlite added. "Understanding how mediation works, and what it can and cannot accomplish, helps individuals make informed decisions about how to move forward."

Sasso Guerrero & Henderlite serves clients throughout Northeast Florida from offices in the Southside area, downtown Jacksonville, and Fernandina Beach. The firm is distinguished as the only practice in Northeast Florida with three Board Certified Marital and Family Law experts serving as managing partners. Its family law services include adoption, alimony, child custody, child support, collaborative divorce, divorce, parenting plans, paternity, prenuptial and postnuptial agreements, and mediation, among others. The firm also handles criminal law matters including domestic violence, driving under the influence, drug crimes, and felony and misdemeanor charges.

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Sasso Guerrero & Henderlite

Sasso Guerrero & Henderlite is a Jacksonville law firm representing clients in divorce, family law, and domestic violence cases. With three Board-Certified partners, the firm handles custody, support, alimony, and property division with dedication.

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