



Sol Purpose Chiropractic in Gilbert, AZ Reaches 159 Google Reviews With a 4.9-Star Rating

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Sol Purpose Chiropractic, located at 1805 E Williams Field Road, Suite 101, has accumulated 159 reviews with a 4.9 aggregate rating on its Google Business Profile. The figure provides a public snapshot of how patients and other visitors have described their experiences with the practice over time. For people searching for a chiropractor in Gilbert, AZ, the listing may be among the first sources of public feedback they encounter when researching the practice.

Google Business Profile listings are maintained by businesses, while the reviews are written by patients, visitors, and other people who choose to share their experiences. The 159 reviews and 4.9 average provide a public record of those individual experiences. They do not replace a professional examination and do not guarantee any particular outcome. They can, however, give prospective patients information they may consider when comparing practices, including comments about how staff answer questions, whether options are explained, and whether the office experience feels organized.

Recent public reviews submitted under first names illustrate the range of experiences shared on the listing. A reviewer identified as Yakeisha wrote that the office "has been a wonderful place for treatment and care with

people who are kind, knowledgeable and welcoming,? that ?the aesthetic is beautiful and clean,? and that staff are ?very responsive and quick to reply to questions.? Elizabeth wrote that ?staff is great,? that the office has ?a little area for kids,? and that she continued after using her insurance maximum for the year. Tara described the staff as ?friendly, welcoming, and professional? and said pairing massage with an adjustment left her feeling far better than when she arrived. These comments represent the individual opinions of people who posted reviews on Google and are included here as public statements, rather than endorsements made by this release.

Dr. Ty Helfrich, owner and clinic director, said the practice views patient feedback as a source of information about the experience it provides.

?Every patient experiences a visit from their own perspective, and their feedback gives us a view that we cannot get from the clinical side alone,? Dr. Ty said. ?People notice the little things, from how they are welcomed when they walk in to how supported they feel throughout their care. We value that perspective because it helps us see what is working well and where we can continue to improve the patient experience.?

The clinic?s website describes a Gilbert practice built around individualized evaluation rather than a scripted visit. According to the practice, care begins with a review of history and goals, followed by an examination. Imaging may be recommended when the clinic considers it appropriate. Findings are explained, often the next day, before a plan is recommended. The website lists corrective care and evaluation for concerns such as low back pain, neck pain, sciatica, headaches, joint pain, and degenerative arthritis, along with family and wellness visits. These descriptions reflect the practice?s own account of its services and approach to care.

Dr. Ty is identified on the practice website as a fourth-generation chiropractor and a Life University graduate who earned his Doctorate of Chiropractic with honors and graduated cum laude. His listed interests include disc health, nervous system function, and corrective care. The practice?s about page names transparency, individualized plans, a human office culture, and lasting health as part of its stated approach. Co-owner Juliana Helfrich, originally from Brazil and in the United States since 2022, helps run the front office. The published team also includes Dr. Dean Burchenson, who is credited with more than 20 years of patient-management experience, as well as assistants Estefania Sandez and Stephanie Habeeb.

The review total provides a measurable public signal in a market where many East Valley residents may compare chiropractic practices online before contacting an office. Online listings can reduce healthcare decisions to a rating and a few sentences, while individual reviews may focus on different parts of the patient experience, including communication, scheduling, wait times, or interactions with staff. Dr. Ty said that is one reason the office continues to read the comments.

?If someone tells us that their questions were answered quickly or that they felt comfortable bringing their

children into the office, that tells us something about their experience,” Dr. Ty said. “When patients say they understood their options or felt that their concerns were heard, that matters to us. We want people to leave the office knowing what we found, why we made a recommendation, and what their next steps are. Those comments help us understand whether we are delivering that experience.”

Published hours are Monday 8 a.m. to noon and 2 to 6 p.m.; Tuesday 2 to 6 p.m.; Wednesday and Thursday 8 a.m. to noon and 2 to 6 p.m.; and Friday 8 a.m. to noon. The website lists (480) 409-8131 and a callback form for scheduling. These details allow editors and prospective patients to compare the practice’s website information with the public business listing associated with its Gilbert location.

Public agencies do not regulate star ratings, and a high average does not establish that any particular technique is appropriate for every patient. Chiropractic care depends on a patient’s history, examination, and informed consent. Sol Purpose Chiropractic’s website notes that recommendations depend on individual findings and that information published on the site is general and does not replace an evaluation. That distinction is important when reviews are referenced as part of a local business story: the comments describe individual experiences, while clinical decisions require an appropriate evaluation of the individual patient.

159 reviews with a 4.9 aggregate rating represent a measurable public signal. The people who used the listing and chose to leave ratings have contributed to a record that prospective patients can review alongside other information about the practice. For local news desks and editors tracking how Gilbert residents evaluate healthcare practices along Williams Field Road, the listing provides a public record that can be checked as additional reviews are posted.

Editors can compare the Google Business Profile with the website’s information about examinations, findings, services, and the clinical team. The site does not present the review count as a clinical outcome. Instead, it describes an approach centered on listening to patients, explaining findings, and recommending a plan when the practice determines that care is appropriate. The public reviews provide individual accounts of whether patients felt that approach was reflected in their visits.

About Sol Purpose Chiropractic

Sol Purpose Chiropractic is a chiropractic clinic in Gilbert, Arizona, owned by Dr. Ty Helfrich and Juliana Helfrich. According to its website, the practice grew from an existing Gilbert office and emphasizes transparent findings, individualized plans, and corrective care focused on spinal function and lasting health.

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For more information about Sol Purpose Chiropractic, contact the company here:[Sol Purpose Chiropractic](#)Dr.

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Sol Purpose Chiropractic

Sol Purpose Chiropractic grew from an existing Gilbert practice and a clear vision: deliver corrective chiropractic care our way?with transparency, bright energy, and genuine connection.

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