



## **Team Of Medical Experts Recommend Bedwetting Alarm Like Dr. Madre Over Simple Strategies**

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Dr. Patrina Caldwell, a pediatrician at the Children's Hospital at Westmead, gathered a research team to study bedwetting. The team conducted a study on the effectiveness of simple bedwetting strategies. HealthDay also covered and published these results on their site with the title, "Simple Strategies Aren't Always Enough for Bedwetting." In addition, they compared the results of simple strategies with the results of bedwetting alarms like the Dr. Madre Bedwetting Alarm.

According to Dr. Caldwell, an average of five million American kids suffer from bedwetting. 20% of those children are aged five. She adds that although most children can outgrow this condition, about 2% can still experience bedwetting until adulthood. As a result, bedwetting can be frustrating, stressful, and traumatic.

Dr. Caldwell and her team reviewed sixteen published studies involving 1,600 kids. Half of these children and their parents used simple interventions such as fluid retention before bedtime, rewards for dry nights, and lifting the children to take them to the toilet. Initial results showed that none of these simple strategies worked better than the other, while alarm training worked more effectively than the simple strategies studied.

Bedwetting alarms, like Dr. Madre's, are recommended by the research team. Although some brands have a bedwetting alarm pad, Dr. Madre is convenient due to its small size. The sensor needs to be clipped onto pajamas or underwear, and the alarm can be worn on the arm like a sports armband. Dr. Madre also has a vibrating function which can work simultaneously with the sound function. This feature is perfect for heavy sleepers, the company says.

Overall, Dr. Caldwell and her team concluded that simple behavioral strategies can sometimes help with bedwetting and they are better than doing nothing at all. "However, there are more effective treatments such as bedwetting alarm training or medications," she concluded.

MedX Dispensing, Inc. is an authorized seller of Dr. Madre Infrared Thermometer and Dr. Madre Bedwetting Alarm, which is available on <http://www.amazon.com/Alarm-Bedwetting-Training-Children-Moisture/dp/B01667E9LG>.

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## Dr. Madre

*Dr. Madre caters to the needs of children by providing parents quality products, such as its infrared thermometer and bedwetting alarm, to help families during the ups and downs, twists and turns, and joys and struggles of parenting.*

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