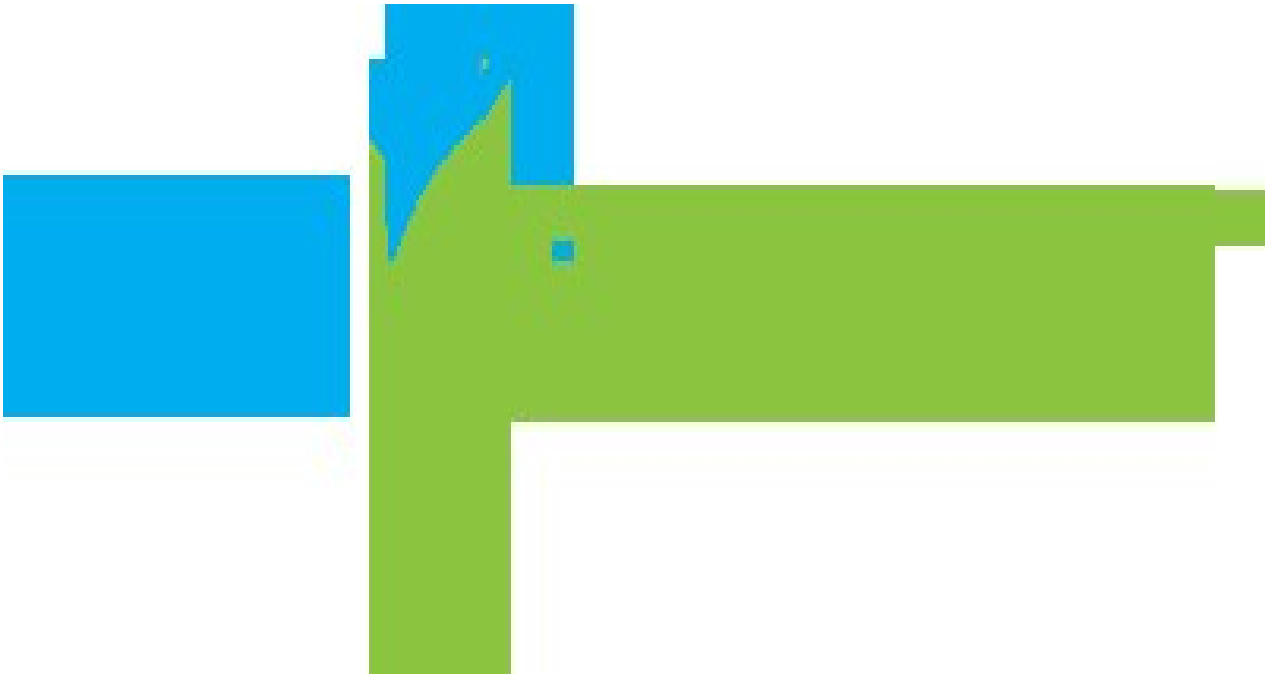


Turmeric Is One Of The Natural Spices Against Gland Disorders

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Orlando, FL ? More and more people are turning to the use of natural alternatives nowadays. This is due to the side effects associated with the use of certain pharmaceutical drugs. Turmeric is widely believed to be highly therapeutic, and has the ability to fight a range of conditions.

Turmeric is one of the natural spices against gland disorders. The glands in the body manufacture and regulate the flow of saliva, breast milk, hormones, antibodies, urine, sweat, salt, and other compounds or fluids.

The flow of hormones and bodily fluids are influenced by mental stress and anxiety. There are two glands classification, namely the ducted and ductless glands.

There are disorders of the glands or ailments that result in conditions such as depression, acne, Addison?s Disease, depression, chronic fatigue syndrome, eye disorders, gall stones, insomnia, kidney stones, pancreatitis, and sialadenitis.

Glands can differ based on their locations, type of secretions, and the organ systems they control. They do their job through release of secretions, which can be enzymes, hormones, or fluids. There are various types of glands namely the exocrine glands, endocrine glands, pituitary glands, thyroid, adrenal, pineal and sex glands.

?Today, turmeric is widely used by individuals who want to increase their immunity or fight a variety of conditions,? said VitaBreeze Supplements spokesperson, Michelle O?Sullivan.

In Ayurvedic medicine, turmeric has been used to fight a myriad of conditions. The therapeutic benefits of this spice are thought to come from its phytochemical called curcumin. Curcumin contains healing substances such as antibacterial, anti-inflammatory, and antioxidant properties.

Turmeric is one of the medicinal spices that are thought to be good for individuals who suffer from a gland disorder. There are many therapeutic effects believed to be offered by the spice, and most of them come from its curcumin.

Curcumin is thought to inhibit the production of prostaglandins, which are associated with pain. It is also thought to aid in the increased production of cortisone by the adrenal gland, which is thought to relieve gout inflammation. Reducing oxidative stress and inflammation is believed to help decrease uric acid.

?Curcumin supplements are widely available nowadays,? added O?Sullivan.

Curcumin supplements are widely thought to be beneficial for overall health. It is one of the most popular natural alternatives nowadays. It is even thought to be a better alternative to certain medications such as pain relief drugs.

Curcumin supplements with a Black Pepper Extract are thought to be more effective. (http://www.amazon.com/Turmeric-Curcumin-Complex-PeppeExtract-Bio-availability/dp/B00JA4TLTI).
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For more information about VitaBreeze, contact the company here:VitaBreezeBenjamin Lasance(407) 545-2239media@vitabreeze.com4700 Millenia BlvdSuite 175 FOrlando, FL 32839

VitaBreeze

VitaBreeze is a nutraceutical brand that manufactures high-quality natural supplements to help people live a healthy, enjoyable and longer life. Learn more at www.VitaBreeze.com

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