Laser Hair Removal Draws a Broader Client Base Across Long Island

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NEW YORK, NY - October 07, 2026 -
L'Elite MediSpa is highlighting new 2026 industry data showing that laser hair removal is serving a wider range of consumers than the treatment's older, largely female-focused image suggests. The Melville medical spa, which also operates locations in Brooklyn and Manhattan, is responding to recently updated market research as interest in long-term hair reduction continues across multiple demographic groups.

Mordor Intelligence's laser hair removal market report, updated in January 2026, estimated that male consumers represented nearly 31% of the gender-segmented market in 2025. The report also noted that male demand was concentrated in treatment areas including the back, chest, neck, and shoulders. Separately, Fortune Business Insights reported in September 2026 that the global laser hair removal market was valued at $1.42 billion in 2025 and projected continued growth through 2034. Those findings provide broader industry context for a service that is no longer discussed solely in connection with women's grooming.

Clinical guidance also places important limits on what patients should expect from laser hair removal. Mayo Clinic describes the procedure as a medical treatment that uses concentrated light to target melanin in the

hair. The light is converted to heat, damaging hair follicles and slowing future growth. Mayo Clinic notes that the procedure can substantially reduce hair growth, but regrowth can occur and follow-up treatments may be needed.

Treatment response also varies by hair color, skin tone, treatment area, and individual growth patterns. According to Mayo Clinic, most patients require four to eight treatments for best results. Darker hair generally responds more effectively because it contains more pigment, while blonde, white, gray, and some red hair may respond less effectively. For patients with Black or brown skin, selecting the appropriate laser and settings is especially important because higher levels of melanin in the skin can increase the risk of burns or lasting pigment changes when treatment is not properly performed.

The American Academy of Dermatology similarly advises that laser procedures can cause burns, blistering, scarring, infection, or skin-color changes when performed by inexperienced operators. The organization recommends that patients discuss skin tone, medical history, medications, recent tanning, and prior scarring before treatment. Sun avoidance and appropriate sunscreen use may also be recommended before and after sessions.

Some patients consider laser treatment because of recurrent shaving-related bumps or ingrown hairs. The American Academy of Dermatology notes that reducing beard hair can help some men who experience persistent razor burn or ingrown hairs. Mayo Clinic also lists laser hair removal as a treatment that a health care provider may suggest for pseudofolliculitis barbae when other approaches have not improved symptoms. These uses should be evaluated individually rather than treated as guaranteed outcomes.

At L'Elite MediSpa, the practice states that laser and aesthetic services are performed by licensed registered nurses and estheticians. Its provider information specifically identifies licensed esthetician Islen Sanchez as specializing in laser treatments, including laser hair removal. Prospective patients are advised to confirm which licensed professional will perform their procedure and to discuss candidacy, risks, and expected results before beginning treatment.

The Melville location gives Long Island residents access to the same category of services offered by the practice in New York City without requiring travel into Brooklyn or Manhattan. Additional information about the practice and its laser services is available at lelitemedispa.com.

L'Elite MediSpa is a New York medical spa with locations in Melville, Brooklyn, and Manhattan offering laser hair removal and other aesthetic and wellness services.
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For more information about L'Elite MediSpa, contact the company here:L'Elite MediSpaL'Elite MediSpa(347) 627-3374info@lelitemedispa.comNew York, NY

L'Elite MediSpa

Website: https://lelitemedispa.com/

Email: info@lelitemedispa.com

Phone: (347) 627-3374