



Longmont Dog Training Reveals the Underlying Causes Behind Dog Leash Pulling

September 29, 2026

LONGMONT, CO - September 29, 2026 -

Longmont Dog Training has released new guidance for local dog owners that reframes leash pulling not as a matter of disobedience, but as a behavior rooted in understandable canine motivations. The educational effort aims to help handlers recognize why dogs pull and how consistent communication can change the pattern.

According to the company, many owners interpret a dog straining against the leash as defiance, when the behavior often stems from excitement, environmental distractions, or a simple desire to reach a person, another dog, or an interesting scent. Dogs also learn quickly. When pulling successfully moves them closer to a destination, the behavior becomes self-reinforcing, teaching the dog that tension on the leash produces forward progress.

The guidance from Longmont Dog Training identifies several contributing factors that owners frequently overlook. These include inconsistent expectations from handlers, a lack of attention to the person holding the

leash, and states of uncertainty or overstimulation that make it difficult for a dog to focus. When rules shift from one walk to the next, dogs receive mixed signals that make steady leash manners harder to establish.

Carol Setters, a representative Longmont Dog Training, noted that understanding motivation is the starting point for lasting change.

"Pulling is rarely about a dog trying to be difficult," Setters said. "It is usually about a dog that has learned pulling works, or a dog that is simply overwhelmed by the environment. Once handlers understand what is actually driving the behavior, they can respond in a way that teaches the dog something different."

The company connects this perspective to trainer James's Confidence-Led Training approach, which emphasizes calm engagement, attention to the handler, and consistency over correction alone. Rather than focusing on suppressing the pull, the method centers on building a dog's ability to check in with the handler and remain settled even when distractions are present.

A central element of the approach is practicing leash skills in real-world environments where distractions naturally occur. Quiet living rooms rarely resemble a busy sidewalk, a park full of squirrels, or a street lined with other dogs. By gradually introducing these conditions, handlers give their dogs the opportunity to practice attention and calm behavior in the settings where pulling most often happens.

Setters added that consistency across everyday walks plays a larger role than many owners expect. "Every walk is a training session, whether the handler intends it or not," she said. "When expectations stay steady and the dog is rewarded for engagement rather than tension, the leash becomes a line of communication instead of a tug of war."

The company encourages owners to view improved leash behavior as a product of clearer communication, calm engagement, and repeated practice rather than a single quick fix. By addressing the reasons behind pulling, handlers can help their dogs develop steadier habits over time.

Longmont Dog Training provides instruction for dog owners seeking to build reliable behavior and stronger communication with their dogs. The company works with handlers and their dogs using confidence-focused methods designed to address behavior at its source and support progress in everyday environments.

###

For more information about Longmont Dog Training, contact the company here:[Longmont Dog Training](#)Carol

Setters(303) 817-8032info@dogtraininglongmont.com6066 Fox Hill DrLongmont, CO 80504

Longmont Dog Training

Longmont Dog Training offers in-home dog training in Longmont and nearby areas. Led by trainer James, we use confidence-led methods to improve leash behavior, reactivity, and off-leash reliability. Free in-home consultation included.

Website: <https://dogtraininglongmont.com/>

Email: info@dogtraininglongmont.com

Phone: (303) 817-8032

