



Guardian Recovery Opens Dallas Addiction Center in Plano, Texas, Expanding Evidence-Based Care

September 29, 2026

PLANO, TX - September 29, 2026 -

Guardian Recovery has opened a new medical detox and residential treatment facility in Plano, expanding access to evidence-based addiction care across North Texas. The Guardian Recovery - Dallas Addiction Center in Plano represents an addition to the organization's growing network of substance use treatment locations, addressing rising demand for structured recovery services in the region.

The new location offers medically supervised detoxification alongside residential programming, allowing individuals to move through the early stages of recovery within a single, coordinated setting. As a Dallas Addiction Center medical detoxification clinic, the facility provides around-the-clock clinical monitoring during the withdrawal process, which health professionals consider one of the most critical periods in treatment for many substance use disorders.

Addiction treatment providers across Texas have reported increasing need for accessible detox and residential care, particularly in fast-growing suburban communities. The Plano facility is designed to help

address that need by combining clinical detox services with continued residential support, reducing gaps in care that can occur when individuals transition between separate providers.

"Opening this location allows the organization to meet people at the point when structured medical support matters most," said Carly Sorenson of Guardian Recovery - Dallas Addiction Center in Plano, Texas. "Bringing medically supervised detox and residential treatment together under one roof helps reduce the barriers that often interrupt early recovery."

The facility's programming is built around evidence-based practices, including individualized treatment planning, medical oversight during detoxification, and therapeutic support throughout the residential phase. Clinical teams work to tailor care to each individual, accounting for the specific substances involved and any co-occurring health considerations.

Sorenson noted that the location was selected in response to demographic and healthcare trends across the North Texas area. "Access to timely care can shape the entire trajectory of recovery," she said. "Establishing services in a community that has grown as quickly as this one reflects a broader effort to place treatment closer to the people who need it."

The residential component provides a supervised environment where individuals can focus on stabilization and skill development after completing detox. Programming typically includes clinical assessment, therapeutic services, and preparation for ongoing care following discharge. By offering both levels of care at the same site, the facility aims to support continuity as individuals progress through the initial phases of treatment.

The opening of the Plano location reflects continued expansion of addiction treatment infrastructure in Texas, where providers have worked to broaden the availability of detox and residential services. Guardian Recovery's entry into the North Texas market adds capacity intended to serve individuals and families seeking structured, clinically supervised recovery options.

Guardian Recovery operates addiction treatment facilities offering a range of services, including medical detoxification, residential care, and related programming grounded in evidence-based approaches. The organization focuses on providing coordinated, clinically supervised treatment for individuals affected by substance use disorders across the communities it serves.

###

For more information about Guardian Recovery - Dallas Addiction Center, contact the company here: Guardian Recovery - Dallas Addiction Center Carly Sorenson(972)

220-8617info@guardianrecoverydallas.comGuardian Recovery - Dallas Addiction Center5217 Village Creek
DrPlano, TX 75093, United States

Guardian Recovery - Dallas Addiction Center

Guardian Recovery ? Dallas Addiction Center offers comprehensive substance use treatment in Dallas, Texas, beginning with a safe and closely monitored medical detox where clients are supported around the clock by licensed clinicians.

Website: <https://www.guardianrecoverydallas.com/>

Email: info@guardianrecoverydallas.com

Phone: (972) 220-8617

