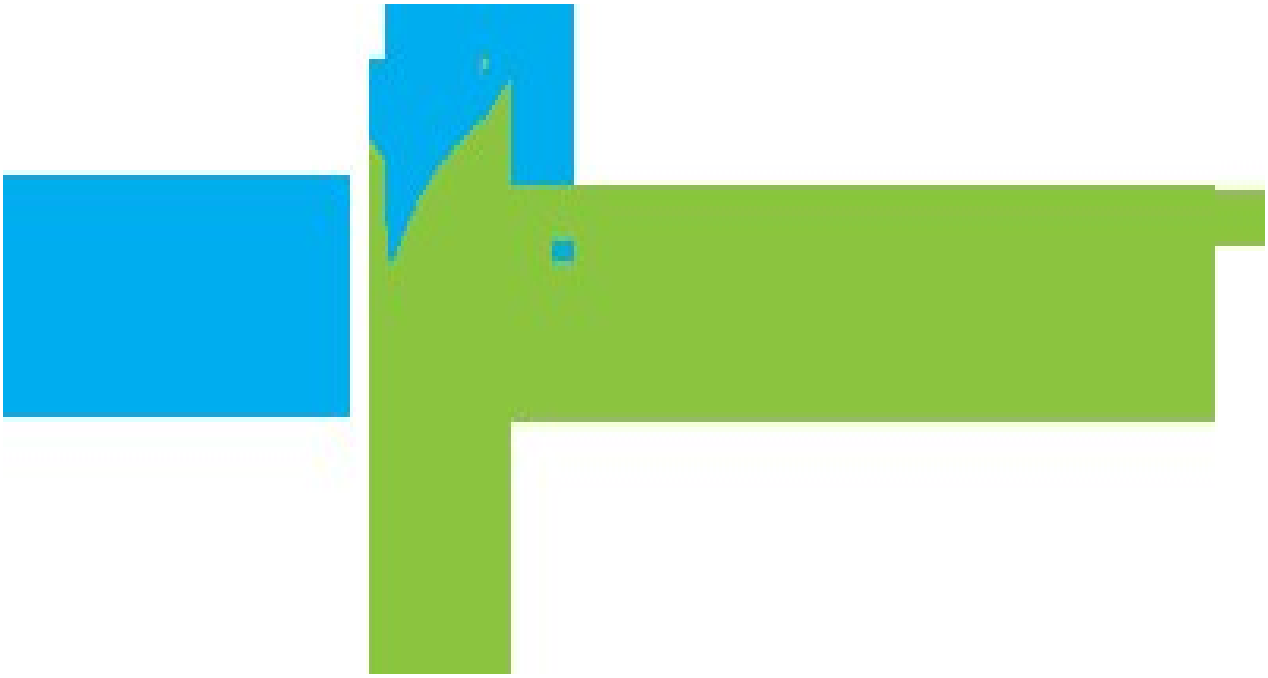


Turmeric?s Therapeutic Properties Have The Potential To Fight 7 Serious Viral Infections

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Orlando, FL?June 10, 2016 ? Viruses cause a number of conditions such as colds or even the fatal HIV-AIDS. There are quite a number of medications available, and there are also natural remedies believed to be helpful for this type of disease.

Turmeric?s therapeutic properties have the potential to fight seven serious viral infections. Viruses are microorganisms that contain RNA or DNA as genetic material. Capsid, which is a protein coat made up of smaller units known as capsomeres, encloses this genetic material.

According to experts, viruses work by injecting their genetic material and reproducing inside the cells of host organisms, this causes infections. Viruses live inside the host body, and when a large number of viruses are reproduced, the cell can burst. This triggers the viruses to infect new cells. There are several anti-viral drugs available that are formulated to fight viral infections such as herpes, HIV, and influenza.

These anti-viral drugs work by inhibiting the replication of viral genome, preventing virus interaction with the host cells, and suppressing the DNA polymerase enzyme of virus.

?Turmeric is one of the natural alternatives believed to be extremely helpful for fighting a range of conditions,? said VitaBreeze Supplements spokesperson, Michelle O?Sullivan.

Turmeric is an Indian, medicinal spice also called as the ?The Indian Saffron.? It is an excellent addition to an extensive array of dishes. While it is a popular kitchen ingredient, it is also widely used in the healthcare industry.

Since time immemorial, the spice has been used to fight a range of ailments. It is even used in traditional Chinese and Ayurvedic medicine for thousands of years. It was popularized by its ability to help fight cardiovascular diseases, Alzheimer?s disease, diabetes, cough, hepatic disorders, and different types of cancers.

It is believed that the therapeutic benefits of turmeric come from its phytochemical called curcumin. Curcumin is responsible for the spice?s deep orange-yellow color. It also contains anti-oxidant, anti-inflammatory, anti-microbial, antibacterial, and anti-cancer properties.

Scientific evidences demonstrate that curcumin has the potential to fight viral infections such as HIV, herpes simplex virus, hepatitis, influenza, Ebola, human papilloma virus (HPV), and Rift Valley Fever Virus (RVFV).

The recommended dose of turmeric is 1 teaspoon per day. If needed, this dose can be increased for a few weeks. While using turmeric powder is recommended, there are also curcumin supplements that are widely used by many people nowadays.

Curcumin has low bioavailability, and this means the delivery of its nutrients inside the body is limited. There are, however, curcumin supplements available in the market that contain a Black Pepper Extract, which is a bioavailability-enhancing ingredient (http://www.amazon.com/Turmeric-Curcumin-Complex-PeppeExtract-Bio-availability/dp/B00JA4TLTI/).
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For more information about VitaBreeze, contact the company here:VitaBreezeBenjamin Lasance(407) 545-2239media@vitabreeze.com4700 Millenia BlvdSuite 175 FOrlando, FL 32839

VitaBreeze

VitaBreeze is a nutraceutical brand that manufactures high-quality natural supplements to help people live a healthy, enjoyable and longer life. Learn more at www.VitaBreeze.com

Website: http://www.vitabreeze.com

Email: media@vitabreeze.com

Phone: (407) 545-2239

