

CrossFields Interiors & Architecture Details Healthcare Office Design Expertise After 22 Years

October 01, 2026

GAINESVILLE, GA - October 01, 2026 -
CrossFields Interiors & Architecture has published a detailed account of the professional qualifications it applies to healthcare office design. The firm's expertise materials describe a practice led by degreed architectural interior designers whose individual commercial design and building experience ranges from 15 to 30 years or more. The company itself was co-founded in 2004 by Scott Boldt and Carolyn Boldt, placing the firm in its 22nd year.

The expertise page states that space planning is the core of the team's education and practice. Designers are described as degreed and licensed. Combined experience listed by the firm includes architecture, interiors, construction, development, purchasing, and leasing. The page also records more than 15 years of work in the chiropractic, health, and wellness industry, along with the principals' status as active patients and advocates in that field.

In 2011 the company redirected its practice toward chiropractic and holistic healthcare offices. That change

followed earlier projects that included design and construction for Life University public and student clinics and individual chiropractic offices for new graduates. The firm's history page states that CrossFields had served more than 100 doctors by 2014 and now works with hundreds of doctors annually.

CrossFields applies a Signature 06 Steps process to facility projects. The steps are Discover, Explore, Create, Select, Document, and Design Assurance. The firm states that the sequence is used to resolve occupancy, layout, and infrastructure questions before construction documents are completed. Scheduled meetings divide decisions into priorities so practitioners review driving choices first and finish selections later.

The same process is used on aesthetic and recovery projects, including med spa design. Those facilities typically require private treatment rooms, specialized equipment, and a client path from reception through procedure and recovery. Power locations, plumbing, ceiling coordination, and room classifications affect both permit review and daily operations. The firm states that it plans spaces around intended use rather than around a fixed product package. Treatment programs in this category can include laser procedures, injectable services, chemical peels, microdermabrasion, skin tightening, facials, body contouring, and related recovery amenities.

Carolyn Boldt, Vice President and Director of Design at CrossFields Interiors & Architecture, described the planning requirements common to aesthetic facilities. "Med spa design depends on private treatment rooms, equipment placement, and a circulation path that does not interrupt procedures," Boldt said. "Those functional requirements have to be settled in the plan before finishes or permit drawings are completed."

Scott Boldt, President of CrossFields Interiors & Architecture, addressed the order of work across practice types. "Healthcare offices and aesthetic studios present the same planning problem," Boldt stated. "Use, occupancy, and infrastructure have to be defined first so the documents match how the practice will operate."

According to the expertise page, interior branding and first-impression planning are treated as part of facility work. Reception layout, treatment-zone organization, and movement through the office are described as factors that affect how patients and clients interpret a practice. The firm cites prior retail and hospitality design experience as an influence on public-facing areas, while clinical and wellness standards govern treatment and support rooms.

Healthcare and wellness layouts differ from generic commercial offices because equipment and room use change code and infrastructure requirements. An undefined open area can alter occupancy calculations and add restroom, exit, or plumbing demands. Power for electrified tables or treatment devices must be located before floors and walls are closed. The firm presents these as documentation requirements rather than decorative choices.

CrossFields states that it develops layouts from the inside out and reviews multiple options before locking a plan. Practitioners remain involved through scheduled reviews. Technical documentation and coordination with engineering and construction follow once the functional plan is set. Educational work has accompanied that practice. Around 2010 the firm began teaching office design classes to chiropractic students at Life University. In 2012 it expanded teaching to students at Palmer Florida.

CrossFields Interiors & Architecture provides architectural and interior design, construction, and consulting services for holistic health and wellness environments. The company works with chiropractors, integrative practitioners, and other wellness providers. Its published materials describe a planning sequence intended to align space use, documentation, and construction with the operational needs of clinical and aesthetic practices.

The expertise page does not introduce a new service line. It records the credentials, process, and industry experience the firm applies to current healthcare office and related aesthetic projects. Those materials distinguish individual team tenure in commercial design and building from the company's founding date and from its later concentration on chiropractic and holistic health facilities.

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CrossFields Interiors & Architecture

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