Carrot LASIK & Eye Center Compares LASIK and Refractive Lens Exchange for Patients in Mesa, Arizona

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Carrot LASIK & Eye Center, a LASIK surgeon located in Mesa, Arizona, has published an article examining how surgeons determine whether LASIK or Refractive Lens Exchange is the appropriate procedure for an individual patient. The practice provides LASIK, SMILE, EVO ICL, and other refractive surgery procedures to patients in Mesa and throughout the surrounding Phoenix metropolitan area. The article, titled "Is LASIK or Refractive Lens Exchange (RLE) the Better Choice for You?", describes how both procedures are assessed during a single consultation rather than through separate evaluations at separate practices.

The two procedures work on different structures of the eye. LASIK reshapes the cornea and suits adults whose natural lens still focuses clearly. Refractive Lens Exchange, also called Custom Lens Replacement, replaces the eye's natural lens and is generally considered for adults over 50 whose lens has begun losing focusing ability. LASIK candidates throughout Mesa, Scottsdale, Chandler and Tempe seeking laser vision correction are measured for corneal thickness and shape, while Refractive Lens Exchange candidates are evaluated for the clarity and flexibility of the natural lens. According to the article, no single age marks the point at which one procedure replaces the other. Farsighted patients developing presbyopia are often

considered candidates for lens-based surgery earlier, and nearsighted patients later, because lens-based surgery carries higher retinal risk in younger, more nearsighted eyes.

Because Carrot LASIK & Eye Center offers six modern vision correction procedures under one roof, both the corneal pathway and the lens-based pathway are weighed within the same Mesa examination. Patients in Gilbert, Phoenix and Mesa who are not candidates for LASIK are evaluated for Refractive Lens Exchange, EVO ICL, PRK, or another procedure during that visit. The article also addresses a common misunderstanding about reading vision: LASIK does not stop presbyopia, the gradual loss of near focus that develops in adults beginning in their mid-40s, because presbyopia originates in the natural lens rather than the cornea. Refractive Lens Exchange addresses the lens directly, and Blended Vision, available to patients in Tempe, Mesa and Chandler, offers a separate corneal approach to near vision.

The article further notes that the two procedures hold their results differently as the eye ages. The lens implanted during Refractive Lens Exchange does not change shape or clarity over time, and because the procedure removes the structure in which cataracts form, a cataract cannot later develop in that lens. LASIK reshapes the cornea but leaves the natural lens in place, so patients who have LASIK can still develop cataracts later in life. Cost also differs, as Refractive Lens Exchange is an intraocular procedure that includes a lens implant selected for each patient, and vision and medical insurance typically do not cover either procedure when it is performed to correct vision rather than to treat a medical condition.

"Evaluating both corrective eye surgery options in the same visit changes the question from which procedure a practice offers to which procedure is actually best for the eye," said Matthew Hammond, M.D., board-certified ophthalmologist, Fellow of the World College of Refractive Surgery, and co-founder of Carrot LASIK & Eye Center. "Measuring the cornea answers one part of the question. Looking at what the natural lens is doing answers the rest, and a patient should not have to visit two practices to get both answers."

Michael Herion, M.D., board-certified ophthalmologist, retina fellowship-trained surgeon, and Fellow of the World College of Refractive Surgery at Carrot LASIK & Eye Center, provided the medical review for the article. Dr. Hammond and Dr. Herion are 2026 Castle Connolly Top Doctors, and Dr. Hammond has received that designation for 14 consecutive years. Both surgeons served in the United States military, have undergone vision correction surgery at the practice, and personally meet patients before and after surgery. Carrot LASIK & Eye Center holds the Joint Commission National Quality Approval.

Carrot LASIK & Eye Center is located at 1500 S Dobson Road, Suite 313, Mesa, AZ 85202, and provides LASIK, SMILE, PRK, EVO ICL, Refractive Lens Exchange, and Blended Vision to patients in Mesa, Scottsdale, Tempe, Chandler, and Gilbert. Driving directions to the office are available through Google Maps. The practice reports an average patient lobby wait time of under seven minutes.

For more information about LASIK and Refractive Lens Exchange at Carrot LASIK & Eye Center in Mesa, Arizona, the practice website is carroteyecenter.com, and additional practice information is available on its Google Business Profile. The practice continues to publish patient-education material on refractive surgery for patients across Mesa and the wider Phoenix metropolitan area.

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For more information about Carrot LASIK & Eye Center, contact the company here:Carrot LASIK & Eye CenterCarrot LASIK(480) 561-6000info@carroteyecenter.com1500 S Dobson Rd #313, Mesa, AZ 85202

Carrot LASIK & Eye Center

Carrot LASIK & Eye Center led by Dr. Matthew Hammond and Dr. Michael Herion, offers vision correction procedures like LASIK, PRK, RLE, and EVO ICL, and treats medical conditions such as glaucoma and contact lens intolerance.

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