



# Turmeric A Popular Natural Remedy For Dog Arthritis

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Orlando, FL? March 30, 2016 ? Arthritis is a painful and debilitating condition. It doesn't only affect humans but also animals such as dogs. While there are pharmaceutical drugs used to help dogs with arthritis, there are also popular natural remedies that are widely used nowadays.

Turmeric is a popular natural remedy for dog arthritis. Canine arthritis is characterized by joint inflammation and pain. It is believed to result from years of repeated movements, which causes injuries and degeneration in various areas of the joints.

The cartilage, on the other hand, is that soft tissue covering bones that degrades and exposes bones to inflammation. Joint stiffness, discomfort in getting up, limping, and hesitations in engaging in activities such as jumping are some of the symptoms of the condition.

There are factors believed to contribute to the development of canine arthritis such as inheritance, aging, obesity, immune system problems, joint infections, and inheritance.

There are treatment options available such as surgeries or non-surgical treatments such as the use of painkillers and steroids. While these medications are helpful, their use has been associated with side effects.

These side effects include gastrointestinal problems, kidney disorders, and bleeding.

The natural remedies for canine arthritis are exercise, weight management, and the use of natural alternatives such as turmeric. This medicinal spice has long been used for a range of conditions. Its therapeutic benefits are thought to come from its phytochemical called curcumin.

Curcumin is also a popular natural alternative to humans who suffer from arthritis and do not want to experience any side effects. It has anti-inflammatory and anti-arthritis properties that regulate inflammation and inhibit the production of inflammatory chemicals.

Curcumin supplements can be purchased at local health stores or in just a matter of clicks online, said VitaBreeze Supplements spokesperson, Michelle O'Sullivan.

This phytochemical is even believed to be effective in preventing the spread of rheumatoid arthritis.

Curcumin can also act as nonsteroidal anti-inflammatory drugs (NSAIDs), which are popular pain medications. Curcumin just like NSAIDs is believed to inhibit COX enzymes. Regulating these enzymes is believed to help curb inflammation as well as prevent the spread of many diseases. It is also thought to be a lot better than pain relief medications as it can selectively inhibit COX-2.

One of the best things about turmeric is that it is not just believed to be beneficial for arthritis, but it also offers a range of therapeutic benefits. Dogs with arthritis will not only take advantage of its anti-inflammatory effects, but also of its other health benefits ([www.amazon.com/tumeric-supplements/dp/B00JA4TLTI](http://www.amazon.com/tumeric-supplements/dp/B00JA4TLTI)).

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## **VitaBreeze**

*VitaBreeze is a nutraceutical brand that manufactures high-quality natural supplements to help people live a healthy, enjoyable and longer life. Learn more at [www.VitaBreeze.com](http://www.VitaBreeze.com)*

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