



IntroDrink.ch Publishes Hydrogen Water Research and Production Reference Pages

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IntroDrink.ch, a Swiss information platform focused on natural dietary supplements, has released two detailed reference pages explaining the scientific literature and technical background surrounding molecular hydrogen and hydrogen water. The pages are written for readers who want to understand how studies in this field are structured and how hydrogen water is produced and measured, without any assertion of health outcomes.

The first page addresses the published literature on molecular hydrogen. The introdrink.ch research guide walks readers through how to interpret studies by examining the population studied, the intervention applied, the comparison used, the planned endpoint, and the duration of each investigation. The page reviews three cited works, including a clinical study by Kajiyama and colleagues published in 2008 and open pilot studies by Nakao and colleagues from 2010 and by Song and colleagues from 2013. The page states that these studies do not constitute proof of any product effect and that results observed within specific study groups may not apply to individuals outside those groups.

The second page concentrates on the technical and production aspects of hydrogen water, which is water containing dissolved molecular hydrogen. The introdrink.ch production guide explains that hydrogen gas and hydrogen dissolved in water are distinct measurement objects, and that a stated unit, method, and defined point of measurement are required for figures to be comparable. The page outlines three technical categories associated with production: electrolysis, a reaction involving magnesium, and the introduction of hydrogen under pressure. It notes that a concentration figure, such as a value given in parts per million, describes a measurement condition rather than a quality judgement.

Both pages emphasise that dissolved gases can change between production, bottling, and measurement, and that without identical conditions, process or product comparisons are not reliable. The pages state plainly that the material is intended for general information and does not replace consultation with a doctor or pharmacist.

The editorial approach used across the pages combines AI-based drafting tools with subsequent editorial review. IntroDrink.ch notes that health-related product information on the platform is aligned with the European Union Health Claims Regulation. The content separates the discussion of research methodology and production technique from any statement about effects, reflecting the platform's stated aim of helping readers approach the topic with appropriate context.

The pages also link to related articles covering molecular hydrogen, hydrogen water, and alkaline water, allowing readers to move between topics while keeping technical and research material distinct. Where product references appear, the platform discloses that it may receive a commission for qualified sales through affiliate links.

IntroDrink.ch is a Swiss website that publishes information on natural dietary supplements and related topics. The platform provides material organised into subject categories, with editorial review of its published content and disclosures regarding affiliate relationships. Its reference pages are designed to present study context and technical background rather than recommendations, and to direct readers toward original publications for a full understanding of the available research.

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For more information about IntroDrink.ch, contact the company here: [IntroDrink.chkontakt \(at\) introdrink.chkontakt@introdrink.ch](mailto:introdrink.chkontakt@introdrink.ch)

IntroDrink.ch

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