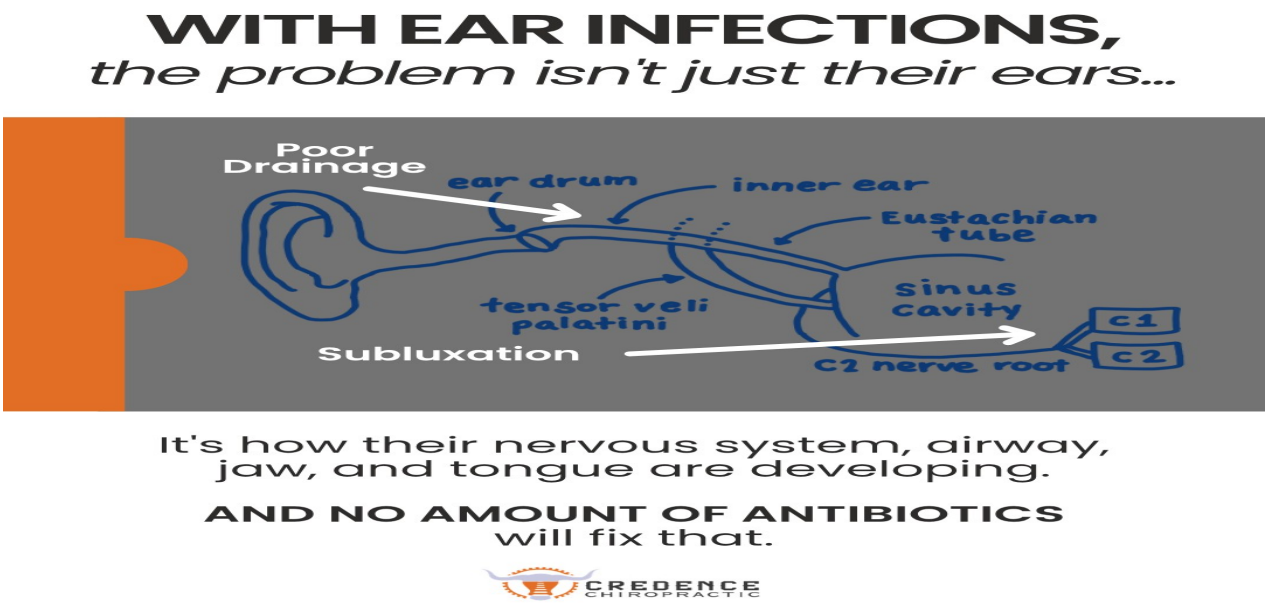


Credence Chiropractic Shares September Newsletter on Childhood Ear Infections, Antibiotics, and Respiratory Health

October 13, 2026

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Credence Chiropractic published a newsletter on September 9, 2026, exploring childhood ear infections, antibiotic use, and respiratory health. The educational resource discusses recurring ear infections, questions families may have about treatment options, and factors that parents can discuss with their children's healthcare providers. Based in Georgetown, Texas, the practice shares the newsletter as part of its ongoing efforts to provide families with information about pediatric health and its approach to chiropractic care.

The newsletter examines why some children experience repeated ear infections and explains the role antibiotics play in treating certain bacterial infections. It also discusses the distinction between viral and bacterial infections and references the American Academy of Pediatrics' guidance on observation and follow-up for selected uncomplicated ear infections. The resource encourages parents to understand the available medical guidance and discuss appropriate next steps with their child's physician.

Another topic covered in the newsletter is the relationship between ear health, upper-neck function, and the nervous system from the perspective of the practice's neurologically focused chiropractic approach. The resource explores how the clinic considers movement, muscle tension, and nervous-system assessments when evaluating patients. These topics provide readers with an overview of the factors the practice considers during its assessment process, while medical evaluation remains an important part of managing childhood ear infections and respiratory symptoms.

The newsletter also discusses common procedures used to manage recurring ear infections, including ear-tube placement. These procedures may be recommended by a child's healthcare provider based on the child's symptoms, medical history, and clinical findings. By including this topic, the resource gives parents additional context for conversations with their medical providers about recurring infections, treatment options, and follow-up care.

Dr. Chris Hill, co-founder and chiropractor at Credence Chiropractic, discussed the purpose of the updated educational resource. "We want families to have access to information that helps them ask questions, understand their options, and take an active role in their children's care. Our assessment process helps us understand each patient's presentation and determine whether chiropractic care may be appropriate as part of an overall care plan," said Dr. Hill.

Dr. Hill graduated from Logan University and has pursued additional training in pregnancy and pediatric chiropractic care. His work at Credence Chiropractic focuses on family care, with an emphasis on evaluating each patient's needs before discussing appropriate services. The practice uses INSiGHT scanning technology as part of its assessment process to gather information about measures associated with nervous-system function and muscle tension. These findings are considered alongside the patient's history and other assessment information when determining appropriate next steps.

Kate Hill, co-founder and certified doula at Credence Chiropractic, also emphasized the importance of providing families with accessible educational resources. "Parents often have questions when their children experience recurring health concerns. Our goal is to help families understand our approach to assessment, learn about the services we provide, and know when coordination with a pediatrician or another healthcare professional is important," said Kate Hill.

Kate Hill brings experience in family support and doula services to the practice. Her work complements the clinic's focus on prenatal and pediatric care, giving families an opportunity to learn about the practice's approach as they explore available healthcare options. Together, the founders provide educational resources that reflect their focus on family wellness and informed conversations about care.

The newsletter also introduces readers to the clinic's assessment and care-planning process. New patients

begin with a consultation and an evaluation of their health history and presenting concerns. The team uses this information to determine whether the requested services fall within the practice's scope of care or whether a referral to a pediatrician or another healthcare professional is appropriate. When chiropractic care is considered suitable, the practice discusses available methods and develops an individualized plan based on the patient's circumstances.

Credence Chiropractic uses the Torque Release Technique as part of its chiropractic services. The practice also offers INSiGHT scans as an assessment tool and provides care based on individual evaluations. These services form part of the clinic's broader approach to prenatal, pediatric, and family chiropractic care. Chiropractic adjustments have not been established as treatments for childhood ear infections, asthma, or allergies, so families should continue to rely on qualified medical professionals for diagnosis and treatment of these conditions.

Since opening in Georgetown in 2017, Credence Chiropractic has provided services for individuals and families at different stages of life. Its offerings include prenatal chiropractic care, pediatric chiropractic care, whole-family chiropractic care, and neurologically focused chiropractic services. The practice's training and professional affiliations include Webster certification, membership in the International Chiropractic Pediatric Association, a certificate of proficiency in pediatric and family care, and advanced proficiency certification in the Torque Release Technique.

The September newsletter expands the clinic's educational content by addressing questions related to childhood ear infections, antibiotic use, and respiratory health. It also explains how the practice approaches patient assessment and care planning. The resource is intended to help families become more familiar with the topics discussed and prepare for informed conversations with their healthcare providers.

Credence Chiropractic continues to share information about its services and approach to family wellness through its website and educational materials. Families can read the September newsletter, review the clinic's available services, and learn more about its assessment process on their website. The practice encourages parents to work with their children's medical providers when addressing recurring ear infections, respiratory symptoms, and other health concerns.

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Credence Chiropractic

Our experienced and caring team is dedicated to providing comprehensive, holistic chiropractic care that empowers you and your loved ones on all levels ? physical, mental, and emotional.

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