McClellan Family Chiropractic Connects With Local Residents at Fall Wellness Fest in Rainbow City, AL

October 16, 2026

RAINBOW CITY, AL - October 16, 2026 -
McClellan Family Chiropractic participated in the Fall Wellness Fest on Saturday, October 3, 2026, in Rainbow City, Alabama. Hosted by Rise and Shine Wellness Center LLC, the community event ran from 11:00 a.m. to 4:00 p.m. and featured local businesses, children's activities, a Humane Society pop-up, raffles, and other activities for residents and families.

The clinic set up a table where visitors could learn more about posture and spinal health. The display featured educational materials about forward head posture and the autonomic nervous system, along with information related to spinal alignment. A postural assessment station gave interested attendees an opportunity to stand for a brief visual check. Members of the McClellan Family Chiropractic team welcomed visitors, answered general questions, and shared information about the topics featured at the table.

The Fall Wellness Fest brought together local businesses and community members in the same building complex as the McClellan Family Chiropractic office. Rise and Shine Wellness Center LLC organized the gathering to give residents an opportunity to connect with local businesses and explore wellness-related services and activities. The event created a shared space where families could enjoy the festivities while learning about organizations that serve their community.

For McClellan Family Chiropractic, the event offered an opportunity to meet residents outside the office and take part in a gathering organized by another local wellness provider. The team used its table to introduce visitors to general concepts related to posture and spinal health. The educational displays also gave attendees a visual reference for topics they may encounter in everyday life, including head positioning and the relationship between the spine and nervous system.

Dr. Mike McClellan, clinic director, commented on the practice's participation in the event.

"The Fall Wellness Fest gave the practice an opportunity to set up a table and speak with people who attended the event organized by Rise and Shine Wellness Center," said Dr. Mike McClellan.

Dr. Leslie McClellan, also a clinic director, highlighted the value of being present at the community gathering.

"Spending the afternoon at the Fall Wellness Fest allowed the team to be present for the community gathering and answer basic questions from those who stopped at the table," said Dr. Leslie McClellan.

The clinic's table featured several educational displays that helped visitors explore common postural topics. One display focused on forward head posture, using images and diagrams to illustrate the position of the head in relation to the neck and upper spine. Another chart showed the autonomic nervous system and its connections throughout the body. These materials remained available for visitors to view throughout the event.

The postural assessment station added an interactive element to the clinic's setup. Attendees who expressed interest could stand on the station while a team member observed their posture from the side. This brief visual check provided a starting point for general conversations about alignment. The clinic's participation focused on education and community interaction rather than clinical treatment, spinal adjustments, or formal evaluations during the festival.

Photographs from the event show the clinic's table arranged with printed materials, brochures, and other resources for visitors. The black table covering displayed the McClellan Family Chiropractic name, while the orange tablecloth created a visible space for the clinic at the outdoor gathering. The educational charts and postural assessment equipment helped visitors identify the table as a place to learn more about chiropractic care and related health topics.

The Fall Wellness Fest also gave local residents a chance to explore other participating businesses and organizations. Children's activities and the Humane Society pop-up added variety to the gathering, while tables and displays introduced visitors to local services. Attendees could move between the different areas, take part in available activities, and speak with representatives from the organizations present.

Rise and Shine Wellness Center LLC hosted the event at its location in the Rainbow Drive complex, where McClellan Family Chiropractic also maintains its office. The shared setting brought neighboring wellness businesses together for an afternoon of community engagement. The five-hour event gave residents a scheduled opportunity to visit the gathering, explore the activities, and learn more about local providers.

McClellan Family Chiropractic has identified community involvement as part of its approach to serving the area. Information published on the practice's website describes work with local companies, organizations,

schools, and sports teams. Participation in the Fall Wellness Fest reflects that stated commitment by bringing the team into a public setting where residents could ask questions and become familiar with the practice.

The clinic serves Rainbow City, Gadsden, and surrounding communities and has provided chiropractic care in the area for more than 35 years. Drs. Mike and Leslie McClellan serve as clinic directors, working alongside additional chiropractors who support the practice's regular patient care and community activities. Events such as the Fall Wellness Fest give the team another way to maintain connections with residents and other local organizations.

The educational displays remained a central part of the clinic's presence throughout the afternoon. Visitors could review the charts, ask general questions, and learn about the topics presented by the team. The postural assessment station offered another point of interest for attendees who wanted to see how posture could be observed from a side view. Anyone interested in clinical care could contact the practice through its regular appointment process.

The event also provided an opportunity for McClellan Family Chiropractic to support another local business's community initiative. By taking part in the gathering, the clinic contributed to an event that included multiple businesses, organizations, and activities. Visitors could stop at the clinic's table at no charge, making the educational materials and general conversations accessible to anyone attending the festival.

Following the event, McClellan Family Chiropractic shared a social media update expressing appreciation for the festivities and the people who stopped by the table. The post reflected the team's enjoyment of the gathering and its opportunity to make memories with community members. The clinic did not publish attendance figures, assessment results, or other numerical measures of the event's impact.

The outdoor setting supported the event's arrangement, as shown in the photographs shared by the practice. The clinic's table stood along the walkway outside the building, with its educational displays and assessment equipment positioned nearby. The setup allowed visitors to approach the table, look through the materials, and speak with the team without entering the clinic's regular office space.

The Fall Wellness Fest concluded at 4:00 p.m. on October 3. McClellan Family Chiropractic wrapped up its participation at the end of the scheduled event, bringing its activities to a close alongside the other participants. The clinic's role focused on its own table, educational displays, and conversations with visitors throughout the afternoon.

Community gatherings like the Fall Wellness Fest give local businesses a shared opportunity to introduce themselves to residents. For healthcare practices, these events can also provide a setting for general education outside a scheduled appointment. McClellan Family Chiropractic used its space at the event to

present information about posture and the nervous system while connecting with people who attended the gathering.

The practice continues to operate from its established location in Rainbow City, serving individuals and families across the surrounding area. Its participation in the October gathering added another community appearance to its ongoing local presence. The event also highlighted how partnerships among nearby businesses can bring residents together for shared activities.

Dr. Mike McClellan and Dr. Leslie McClellan oversee the clinic's operations and have participated in community activities through the practice. Their comments about the Fall Wellness Fest focused on the chance to attend the gathering, meet visitors, and answer general questions at the table. The clinic has not released further details about individual conversations or any appointments that may have followed the event.

McClellan Family Chiropractic did not organize the Fall Wellness Fest or manage the other activities. Its participation centered on representing the practice, providing educational materials, and interacting with attendees who chose to stop by. The clinic's social media post later reflected positively on the experience and acknowledged those who took time to visit.

The gathering brought together several activities for different age groups, from children's activities to educational displays and the Humane Society pop-up. Raffles and other activities added to the afternoon's schedule, giving residents multiple reasons to attend. McClellan Family Chiropractic participated as part of the larger gathering, with its table focused on general information about posture, spinal alignment, and the nervous system.

The Fall Wellness Fest marked a completed community appearance for the clinic, while its regular chiropractic services remain available at its Rainbow City office. Future participation in similar gatherings will depend on invitations from organizers and the practice's schedule. The October 3 event stands as an example of the clinic taking part in a local initiative that brought businesses, wellness providers, and residents together.

McClellan Family Chiropractic is a family- and performance-based chiropractic practice in Rainbow City, Alabama. The clinic has provided care in the area for more than 35 years and works with local companies, organizations, schools, and sports teams as part of its community involvement. Led by Drs. Mike and Leslie McClellan, the practice serves Rainbow City, Gadsden, and surrounding communities.

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McClellan Family Chiropractic

McClellan Family Chiropractic provides quality chiropractic care in Rainbow City and the surrounding areas while teaching The 100 Year Lifestyle principles of optimum health, longevity, and wellness.

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