

Elite Coral Dentistry Reaffirms Staged Full Smile Makeover Planning

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CAPE CORAL, FL - November 08, 2026 -
Elite Coral Dentistry is reaffirming its staged approach to the Full Smile Makeover for patients seen at its office in Cape Coral. Each plan can combine Invisalign, professional take-home whitening trays, dental bonding, porcelain veneers and crowns, matched to the patient, with the order of the stages set before treatment begins.

Elite Coral Dentistry provides the Full Smile Makeover for patients across Cape Coral, with the planning and treatment carried out under one roof. A plan might straighten crooked teeth, brighten the natural shade of teeth that have yellowed or dulled over time, repair small chips, and restore worn teeth with veneers or crowns. Only the treatments a particular patient needs are included.

The stages follow the way those treatments depend on one another. Invisalign, the clear aligner system made by Align Technology, comes first when teeth need to move, because a veneer or crown is shaped to the position a tooth finally settles in. Whitening with professional take-home trays usually comes next.

Veneers, bonding and crowns are matched to the natural teeth, so whitening is finished before any of them are made.

Once the teeth are in position and the whitening is complete, the restorative stage begins. Bonding is matched to the newly whitened shade to build up small chips and close minor gaps. Veneers reshape the front of teeth whose shape or color whitening alone will not change, and crowns protect teeth that are worn or cracked. Crowns are made in porcelain or ceramic, strong and esthetic materials, and matched to the settled position and color of the teeth beside them.

What goes into a plan depends on the patient rather than on a set package. Someone whose teeth have worn down over the years may need mostly crowns, with whitening alongside them. A younger adult with crooked or yellowed teeth may need only Invisalign and whitening, with no restorative work at all. Others fall in between, such as a patient who wants a brighter, more even smile and needs whitening with a little bonding.

"We plan a Full Smile Makeover as one piece of work, not a list of separate treatments," said Dr. Joseph Mejia, DDS, owner of Elite Coral Dentistry. "Every stage is planned here at our office. The order matters: if teeth are going to move, they move first, and if they're going to be whiter, the patient does that at home with their trays before anything is made. Bonding, veneers and crowns come last so they match the teeth around them, and no two patients end up with the same mix."

Planning starts with an examination, which takes around an hour for a new patient. At that visit, the patient and the practice agree on what the patient wants to change and which treatments will get there. The plan then lists each treatment in order, and it can be adjusted as a stage finishes, for example if whitening takes more or less time than expected. More detail on how the treatments fit together is set out on the makeover page.

The Full Smile Makeover sits alongside general care at a family-owned practice that has been at the same address since 1985 and has been owned by Dr. Mejia since July 2022. Patients come to the office from Cape Coral, Fort Myers, North Fort Myers, Fort Myers Beach and Pine Island, and the same staged planning applies to each of them.

The practice continues to plan the Full Smile Makeover as one staged course of treatment, with the mix and the order set for each patient before work begins. Each option is explained clearly before a patient decides, and treatment starts only once the plan is agreed. New patients are always welcome, and updates are shared on the practice's Facebook page.

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Elite Coral Dentistry

Family-owned Cape Coral dental practice serving the area since 1985, offering general, cosmetic, implant and emergency dentistry under one roof.

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