



Medical Discoveries Show Inflammation Could Trigger Symptoms Of Various Medical Conditions

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Orlando, FL ?June 16, 2016? Inflammation is believed to be beneficial as it is the body?s way to fight infection. However, when it persists or when it is not properly addressed, it could lead to the development of diseases.

Recent research from ancestral health expert Chris Kesser reveals inflammation could trigger symptoms of various medical conditions. There is a wide array of health issues that are linked with inflammation. Some of these conditions are obesity, chronic pain, ADHD, diabetes, peripheral neuropathy, stroke, heart disease, dental issues, migraines, and cancer.

Chris Kesser is globally recognised for his studies in functional and intergrative medicine. Chris shares insightful information and case study result on his website that is ranked in the top 25 sites globally on natural health. In a recent article Chris elaborated on this topic sharing his thoughts on obesity being one of the main medicle conditions.

Kesser shared that "inflammation begins in the fat cells themselves. Fat cells are the first to be affected by

the development of obesity. As fat mass expands, inflammation increases." Kesser is the author of the hot seller 'Lets Take Back Your Health' and has been recognized on media outlets including Time, Fox and Friends and NPR over the years.

Kesser concluded his article, stating, "the takeaway is that inflammation is probably the single most important mechanism." With these findings taking in to consideration it comes as no surprise that sales of miracle spice and natural supplement turmeric has increased over recent years.

VitaBreeze spokesperson Benjamin Lassance shared that "most of our customers purchase our curcumin as a natural alternative for a anti-inflammatory." The VitaBreeze curcumin supplement has been a popular supplement for the brand over the last 2.5 years and has had hundreds of raving reviews.

Turmeric contains a phytochemical called curcumin, which has anti-inflammatory, antibacterial, and antioxidant properties.

Other medical conditions which inflammation can potentially lead to is heart disease.

The American Heart Foundation explained that "inflammation is common for heart disease and stroke patients and is thought to be a sign or atherogenic response." Over the years many medical professionals have shared their opinion on this topic. "Exactly how inflammation plays a role in heart attack and stroke remains a topic of ongoing research" Deepak Bhatt, M.D adds.

With obesity and heart disease being two major medical conditions natural supplements and inflammation preventative measures are quickly becoming in higher demand.

Curcumin supplements with BioPerine are extremely popular nowadays. BioPerine is a black pepper extract that is believed to be helpful in increasing curcumin absorption inside the body ([amazon.com/Turmeric-Curcumin-BioPerine-Pepper-Extract/dp/B00VSVKJ8I](https://www.amazon.com/Turmeric-Curcumin-BioPerine-Pepper-Extract/dp/B00VSVKJ8I)).

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Divine Bounty

Divine Bounty is a family-owned brand that manufactures high-quality supplements. Passionate about the potential health benefits of natural ingredients to create ideal blends.

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