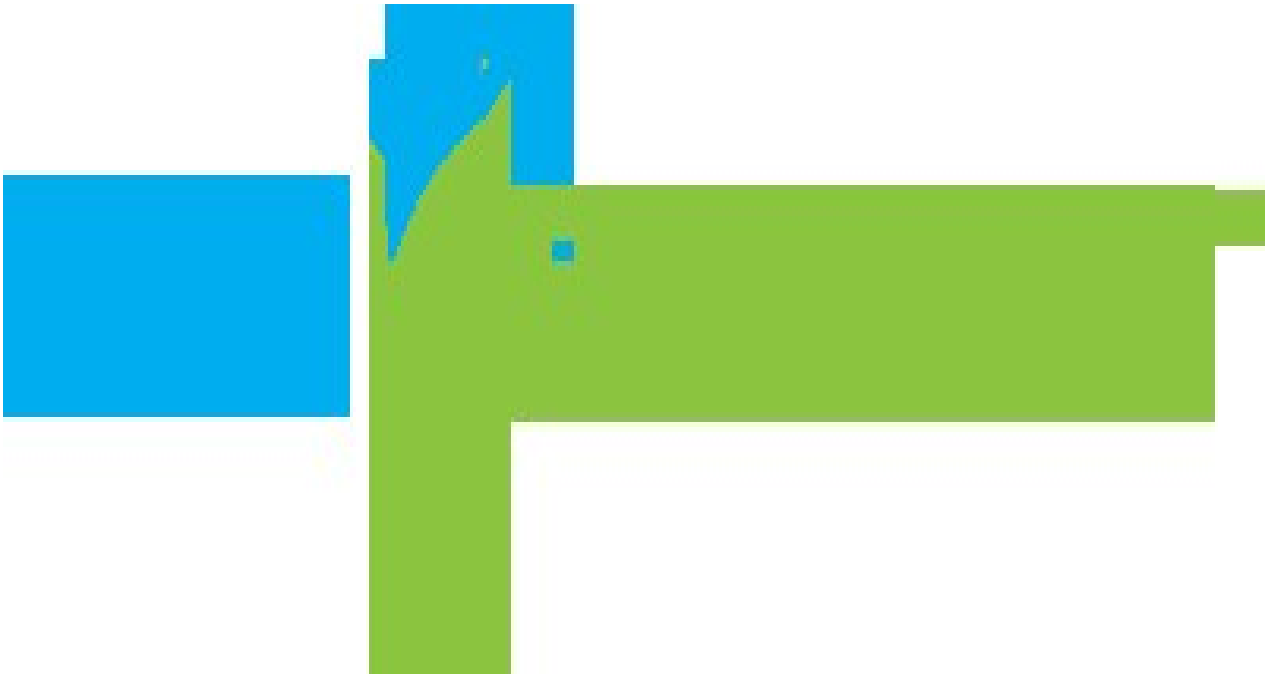


Natural Supplement Glucosamine Thought to Outweigh NSAIDs

June 20, 2016

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Orlando, FL? June 17, 2016? Pain relievers such as nonsteroidal anti-inflammatory drugs are widely popular nowadays. These pharmaceutical drugs are used by individuals who suffer from pain and inflammation such as those with arthritis. Unfortunately, its use has been associated with side effects.

The John Hopkins Lupus Centre describes NSAIDs: "these anti-inflammatory medications relieve some lupus symptoms by reducing the inflammation responsible for the stiffness and discomfort in your muscle, joints, and other tissues." Use of NSAIDs can increase one?s risk of water retention. Water retention can be one of the symptoms of premenstrual syndrome (PMS). It causes a heavy, bloated feeling to sufferers.

NSAIDs are widely believed to be extremely helpful in reducing inflammation caused by arthritis. There are those who take this type of pharmaceutical drug without experiencing any trouble at all. However, there are those who suffer from side effects, especially when the medication is used on a long term basis.

Dr David Williams was recently asked about his opinion on aspirin and other NSAIDs for anti-infllammatories. "My opinion of aspirin or other NSAIDs has not changed. I still don?t feel the benefits outweigh the risks, and

I don?t recommend its use," Dr Williams shared.

Dr David Williams is a medical researcher, biomechanist and chiropracter and has become renowned world wide for his influence on natural healing and therapies. Williams encouraged people to steer towards alternatives with less side effects such as natural supplements.

Today, millions of individuals in the United States suffer from painful health problems such as arthritis. Many of them use pain relief medications such as NSAIDs to improve their overall condition. All drugs may or may not cause side effects. It is important for consumers to understand the risks and benefits first before taking these medications.

There are natural alternatives believed to be helpful for arthritis pain and inflammation. One is glucosamine, which is thought to be safer than the medications.

"VitaBreeze Glucosamine has had hundreds of happy customers and many of which have made the switch from NSAIDs or other medications to assist with their condition," shared VitaBreeze co-founder Benjamin Lassance.

Glucosamine is a naturally-occurring substance in the body. It is thought to be effective in repairing cartilage damage and improving joint health. This natural alternative is widely used by arthritis sufferers who do not want to suffer from side effects.

The most popular glucosamine supplements contain other natural ingredients. Some of these therapeutic ingredients are MSM, chondroitin, and turmeric. Supplements such as these are believed to be helpful in reducing pain and inflammation caused by arthritis (http://www.amazon.com/condroitina-glucosamina-msm/dp/B00DUMO9X4).

About VitaBreeze

VitaBreeze is a nutraceutical brand that manufactures high-quality natural supplements to help people live a healthy, enjoyable and longer life. All of the company?s products are manufactured in the United States using the finest quality ingredients that have been carefully selected, tested and crafted into the firm?s winning formulas. Visit http://www.VitaBreeze.com to learn more.

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