



## **Canadian Researchers Reveal Rheumatoid Arthritis Sufferers More At Risk Of Diabetes By 50 Percent**

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Orlando, FL? June 17, 2016? Today, it no longer surprises people to suffer from one medical condition or another. Unhealthy diet and lifestyle are the major culprits in the development of a range of ailments. However, there are also conditions such as arthritis that could make people susceptible to other types of diseases.

Canadian researchers reveal rheumatoid arthritis sufferers are more at risk of diabetes by 50 percent. Rheumatoid arthritis is a painful and debilitating condition. Unfortunately, it doesn't only reduce the quality of life of sufferers but also jeopardizes their health.

Diabetes is highly common in many countries around the world, especially in the United States. Obesity or carrying extra weight is one of the contributing factors in the development of diabetes.

Pain is one of the things that reduces the quality of life of many rheumatoid arthritis sufferers. Diabetes, on the other hand, is a different condition that also has distinctive ways of making people suffer. Individuals who suffer from both conditions are more likely to have difficulties maintaining a good quality of health and life.

The study conducted by the researchers was published in the Annals of the Rheumatic Diseases. It was found that it was not only rheumatoid arthritis sufferers, but also those with psoriatic arthritis and other autoimmune forms of arthritis that are at risk of diabetes by 50 percent.

Daniel Solomon, M.D., author of the study, reveals that the risk of diabetes may increase with the body mass index (BMI) of sufferers and their age. Dr. Solomon is from the Division of Rheumatology, Brigham Women's Hospital.

It is imperative for RA sufferers to maintain a healthy weight to reduce their risk of diabetes. Dr. Solomon also revealed that RA inflammation could be associated with insulin resistance.

Individuals with rheumatoid arthritis often resort to the use of pain medications to improve their condition and mobility. However, since the scare in the side effects of pharmaceutical drugs has become known to the many, more and more arthritis sufferers resort to the use of natural alternatives.

One of the most popular natural remedies among arthritis sufferers is glucosamine supplements. This natural remedy is widely used by individuals with arthritis as well as athletes.

Glucosamine is a naturally-occurring substance in the body. It is believed to help repair damaged cartilage and improve overall joint health. There are many glucosamine supplements available, and some of the most recommended ones are those that contain a therapeutic, all-natural ingredient called methylsulfonylmethane (MSM) (<http://amazon.com/Glucosamine-Sulfate-Supplement-2000mg-serving/dp/B0126ZF0B0/>).

About Divine Bounty:

Divine Bounty is a family-owned brand that manufactures high-quality turmeric curcumin supplements. Passionate about the potential health benefits of turmeric, the team behind Divine Bounty have carefully researched and sourced only the best ingredients to create the ideal blend of turmeric curcumin. More details are available at <http://www.DivineBounty.com>.

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