



Escape Medical PC Founder Named in Mohawk Valley Living Top Docs Poll

October 23, 2026

ROME, NY - October 23, 2026 -

Dr. Keneth Hall, founder and medical director of Escape Medical PC in Rome, NY, has been recognized in Mohawk Valley Living's 2026 Top Doctors reader poll and appears among the cover physicians in the magazine's October 2026 Top Docs issue. The recognition reflects votes cast by the magazine's readers.

Escape Medical PC provides cosmetic surgery and aesthetic care in Rome, NY, from a surgeon-owned practice on Turin Road, where Dr. Hall performs procedures in an on-site surgical suite accredited by QUAD A. The practice has operated since May 2022 and opened a second location in New Hartford, NY, in May 2026. Dr. Hall is a board-certified surgeon and a Fellow of the American College of Surgeons and the American Society for Metabolic and Bariatric Surgery.

The magazine's profile describes Dr. Hall's work across two settings. At Rome Health, he practices general and bariatric surgery, and the Top Docs directory lists him under that specialty. At Escape Medical PC, his surgical work frequently includes liposuction, tummy tucks and breast augmentation, while the practice's

clinical staff provide nonsurgical services including body contouring, injectables, laser treatments, RF microneedling, facials and massage in the same building.

The surgical menu at the Turin Road premises extends beyond the three procedures the profile names. The practice performs full and mini tummy tuck procedures, VASER ultrasound-assisted liposuction, the Brazilian butt lift and combined procedures marketed as the Mommy Makeover and Daddy Makeover, all within the accredited on-site suite. Nonsurgical treatments, including RF microneedling on the VirtueRF platform, are delivered in the same building by the practice's clinical staff under physician oversight.

Mohawk Valley Living's cover feature notes that each treatment plan at Escape Medical PC begins with a conversation about the patient's goals. The profile also records that the practice makes its clinical space and infrastructure available to qualified outside medical providers who need a place to perform procedures.

"For me, surgery has always been about more than performing a procedure. It is about earning a patient's trust and using the skills I've been given to improve their health, confidence and quality of life," Dr. Hall, the practice's founder and medical director, said in the profile published by Mohawk Valley Living.

The practice draws patients from well beyond the city. Oneida County residents and patients from Utica, Clinton, Oneida, Verona and Vernon travel to the Turin Road premises, which sit roughly fifteen minutes from three New York State Thruway interchanges, and the surrounding area, with Griffiss Business and Technology Park as a major employer, gives the practice a working-age professional population to draw on. Follow-up care after surgery takes place at the same premises.

Dr. Hall's hospital role runs alongside the private practice. Beyond his surgical work at Rome Health, he holds the position of Medical Director of the hospital's Hernia, Weight Loss and Wound Centers, which keeps the practice connected to the wider local medical community. Readers of the magazine named him among the physicians they chose to recognize this year.

The recognition arrives in the practice's fourth year. Escape Medical PC was founded to bring surgical and nonsurgical aesthetic care together under one physician's direction, and its clinical team now includes an anesthesiologist, a nurse practitioner and registered nurses, with aestheticians and massage therapists covering the nonsurgical side of the menu. Both the Rome and New Hartford locations operate under that model, with surgical consultations and massage services currently available by appointment at New Hartford and surgical procedures performed in Rome.

For readers across the region, the Top Docs recognition offers a view of a surgeon whose practice has grown from a single site to two Central New York locations in four years. More about Dr. Hall and the services offered at Escape Medical PC can be found on the practice's website, with updates posted to its Facebook

page and Instagram profile.

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For more information about Escape Medical PC, contact the company here: Escape Medical PC Keneth Hall, MD, FACS, FASMB 315-922-5200 office@escapeaesthetics.com 8080 Turin Rd, Rome, NY 13440, USA

Escape Medical PC

Escape Medical PC is a Rome, NY medical spa offering cosmetic surgery and medical aesthetics services, including liposuction, tummy tuck, Brazilian Butt Lift, RF microneedling, and mommy makeover treatments, serving nearby areas.

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