

Private Dentist Croydon Opens New Consultation Slots for Local Patients From 20th October 2026 at Smile 4 U

October 26, 2026

London Borough of Croydon, England - October 26, 2026 -
Smile 4 U - Croydon has opened new consultation slots from 20th October 2026 for patients in Croydon and the surrounding area seeking private dental care. The additional availability opens access to a range of general dental treatments for new and existing patients. For those who have been putting off dental care, the expanded diary provides a more accessible route into regular private dental attendance.

Dr Mori Shahid, Principal Dentist at Smile 4 U - Croydon, said the new slots reflect the practice's commitment to ensuring more patients can access timely dental appointments. "A number of patients contact us looking for appointments and are unable to be seen as quickly as we would like," she noted. "Opening new slots from October 2026 is intended to reduce that gap, though availability will still depend on clinical demand at the time of booking."

Private dental consultations at Smile 4 U - Croydon begin with a thorough examination of the teeth, gums, and surrounding oral structures. The dentist reviews the patient's dental history, discusses any concerns, and

outlines the most appropriate treatment pathway before any work begins. X-rays may be taken where clinically indicated, providing a more detailed picture of the teeth and underlying bone structure that a visual examination alone cannot reveal. Patients are encouraged to raise questions and take time to understand their options before committing to any treatment.

Dental anxiety is a recognised barrier to seeking care. The team at Smile 4 U - Croydon adapts the pace of appointments accordingly, giving anxious patients more time and space to feel at ease before any treatment begins.

A study published in the Journal of Public Health Dentistry, titled "Evidence of Effectiveness of Preventive Dental Care in Reducing Dental Treatment Use and Related Expenditures" (DOI: 10.1111/jphd.12262), by Nadereh Pourat, Moonkyung Kate Choi, and Xiao Chen, found that among Medicaid enrollees across the ten largest counties in California, regular preventive dental care was associated with lower use of restorative, prosthodontic, and periodontal treatments. The researchers concluded that routine preventive dental visits were associated with reduced need for more costly treatments within that study population. These findings are specific to the Medicaid population studied and should not be generalised as expected outcomes for all patients or dental settings.

Insights regarding new private dental consultation slots and how to book them at Smile 4 U - Croydon are available at: https://smile4u.co.uk/dentist-croydon/best-private-dentist-qualities/.

Smile 4 U - Croydon is a private dental practice serving patients across Croydon and the surrounding areas of South London. The practice team works across general and cosmetic dental care, with patients attending for routine check-ups, fillings, extractions, hygiene appointments, and restorative treatments depending on their clinical needs. As a private practice, appointment structures are determined by clinical need, which allows for more detailed examinations and extended treatment discussions where the clinical situation requires it. Patients are seen on an individual basis, with treatment pathways determined by clinical assessment.

The practice places emphasis on clear communication throughout every stage of treatment. Patients are given the opportunity to ask questions and discuss their options before any treatment proceeds, with the emphasis on informed decision-making. The practice welcomes patients from Croydon and the surrounding areas of South London, including those making the transition to private dental care for the first time.

Practice information and details about the dental team can be found at: https://smile4u.co.uk/dentist-croydon/.

General dentistry at Smile 4 U - Croydon covers the full range of treatments that address everyday oral health needs. Dental examinations assess the condition of teeth and gums, identifying issues such as decay,

gum disease, and erosion. Fillings address cavities caused by decay, restoring tooth structure whilst preventing further deterioration. Hygiene appointments focus on the removal of plaque and tartar that brushing alone may not fully address. Extractions are carried out where a tooth cannot be saved through other means, with the dentist discussing replacement options where appropriate. Root canal treatment becomes relevant when infection reaches the inner pulp of a tooth, removing infected tissue and sealing the tooth to prevent reinfection. Where issues are identified, the clinical pathway depends on the specific presentation and the patient's overall oral health at the time of examination.

Smile 4 U - Croydon can be contacted directly to arrange a consultation or to ask questions ahead of an appointment. Patients from Croydon and the surrounding areas of South London are welcome, including those making the transition to private dental care for the first time. Those looking for a private dentist Croydon with new patient availability from October 2026 can contact Smile 4 U - Croydon directly to arrange an initial consultation.

###

For more information about Smile 4 U - Croydon, contact the company here:Smile 4 U - CroydonMaryam Shahid+44-20-8640-7586info@smile4u.co.ukSmile 4 U - Croydon, 357 Addiscombe Road, Croydon CR0 7LG, United Kingdom

Smile 4 U - Croydon

Smile 4 U - Croydon is a private and NHS dental practice offering personalised care in a welcoming setting. Our skilled team provides treatments such as Invisalign®, composite bonding, and dental implants, helping you achieve a healthy, confident smile.

Website: https://smile4u.co.uk/dentist-croydon

Email: info@smile4u.co.uk

Phone: +44-20-8640-7586