

Segarra & Associates Reflects on Gratitude, Family, and New Beginnings This Thanksgiving

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CORAL GABLES, FL - November 11, 2026 -
Thanksgiving is traditionally a time for family, gratitude, and gathering around the dinner table. But for families navigating divorce or separation, that table may look a little different this year.

Perhaps the children will spend Thanksgiving with one parent and Christmas with the other. Maybe a familiar family tradition is being replaced by something entirely new. Or perhaps this will be the first holiday season following a difficult divorce.

According to Manuel A. Segarra, III, founder and managing partner of Segarra & Associates, P.A., those changes can be emotionally challenging, but they don't have to define the holiday.

"After 26 years practicing law, I've seen families go through some incredibly difficult transitions," Segarra said. "And one thing I've learned is that divorce may change the structure of a family, but it doesn't have to destroy the relationships that make a family special."

For divorced and separated parents, the holidays can bring added stress involving parenting schedules,

travel arrangements, extended family, and competing expectations. But Segarra encourages parents to look beyond the calendar.

"Your children probably won't remember every detail of the Thanksgiving parenting schedule," Segarra explained. "What they will remember is whether they felt loved, whether they enjoyed themselves, and whether Mom and Dad managed to get through the holiday without turning it into another courtroom exhibit."

The firm encourages parents to communicate early, honor their parenting arrangements, and avoid involving children in disagreements over holiday schedules. Most importantly, parents should recognize that creating new traditions can be just as meaningful as preserving old ones.

Divorce is rarely easy. It can involve financial uncertainty, emotional stress, and difficult changes in family relationships. Nevertheless, Segarra believes the holiday season offers an opportunity to recognize the things that remain important.

"Sometimes gratitude isn't about pretending everything is perfect," Segarra said. "It's about recognizing what you still have, appreciating the people who stand beside you, and understanding that a difficult chapter doesn't have to be the end of your story."

As Segarra & Associates approaches the close of its 18th year serving Florida families, the firm also expresses appreciation for its attorneys, staff, colleagues, and the clients who have placed their trust in the practice.

With offices serving South Florida, Central Florida, and the Treasure Coast, Segarra & Associates continues to represent individuals and families navigating divorce, parenting disputes, and other family-law matters.

For Segarra, the message this Thanksgiving is straightforward. "Whether you're celebrating around a crowded dinner table or starting a new tradition with your children, remember that families come in all shapes and sizes," he said. "The important thing is the love, stability, and memories we create along the way."

About Segarra & Associates, P.A.

Founded in 2008, Segarra & Associates, P.A. is a Florida family law firm representing clients in divorce, parental responsibility, time-sharing, equitable distribution, alimony, child support, relocation, enforcement, modifications, and family law mediation. The firm maintains offices in Coral Gables, Orlando, and Stuart.

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Segarra & Associates, P.A. practices law exclusively within the State of Florida. Representation in other jurisdictions may involve association with local counsel.

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Segarra & Associates, P.A.

Segarra & Associates, P.A is a Family Law Firm which handles divorce, prenuptial/premarital agreements; paternity suits; child support modification; establishment of alimony; equitable distribution of business assets; and many more.

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