

Malabar Indian Restaurant Zürich Announces New South Indian Cooking Classes for Winter Season

November 27, 2026

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Malabar Indian Restaurant in Zürich-Oerlikon has scheduled a new series of South Indian cooking classes, with upcoming sessions set for 5 December 2026, 23 January 2027 and 20 February 2027. The Saturday courses provide an introduction to the cuisine of the Malabar Coast, a region of southern India recognized as the historic home of pepper and a wide range of other spices.

The Malabar Restaurant cooking classes center on the traditions of South Indian cuisine, offering participants a hands-on experience with spices, seasonal ingredients and traditional recipes. Each session introduces the aromatic foundations of the regional kitchen and walks attendees through the preparation of a multi-course meal, which is then shared communally in the restaurant setting.

The winter sessions continue a program that has drawn consistent interest from residents of the Zürich area who wish to learn more about Indian cooking in a structured, immersive environment. The classes include an introduction to spices, a recipe booklet, a cooking demonstration and a shared meal, allowing participants to

recreate the techniques at home.

Malabar Restaurant follows a slow food approach, preparing dishes with seasonal ingredients and its own spice blends. The kitchen draws its identity from the Malabar Coast, where pepper and numerous other spices have long been cultivated and traded. The cooking courses reflect this focus, giving participants an understanding of how regional spice combinations shape the character of South Indian dishes such as thali, curry and tandoori preparations.

Beyond the cooking classes, Malabar Restaurant operates as a full-service Indian dining establishment in Zürich-Oerlikon. The menu emphasizes South Indian specialties and offers a broad selection of vegetarian and vegan dishes alongside halal options. Signature items include thali platters, a variety of curries and tandoori preparations, each prepared according to traditional methods and the restaurant's house spice blends.

In addition to its regular dining service, the restaurant provides catering and take away options, and serves a lunch buffet on Wednesday and Thursday. These offerings extend the reach of the kitchen to private events, corporate gatherings and guests who prefer to enjoy Indian cuisine at home. Information about the restaurant and its services can be found under listings for Malabar Restaurant on Google, where details about its location and offerings are available.

The cooking course program is designed for both newcomers to Indian cuisine and those seeking to deepen an existing interest. By combining instruction on spices with practical preparation and a communal dining experience, the sessions aim to convey the cultural context of the Malabar Coast kitchen as well as its techniques.

Malabar Restaurant is an Indian dining establishment located at Wallisellenstrasse 11 in Zürich-Oerlikon, Switzerland. The restaurant specializes in South Indian cuisine from the Malabar Coast and offers dining, cooking classes, catering, vegan and vegetarian dishes, halal options and take away service. Operating with a slow food philosophy, the kitchen prepares traditional recipes using seasonal ingredients and its own spice blends.

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For more information about Malabar Indian Restaurant Zürich, contact the company here:Malabar Indian Restaurant ZürichMalabar Restaurant+41 44 311 31 17info@malabar-restaurant.chWallisellenstrasse 118050 Zürich-OerlikonSwitzerland

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Malabar is an Indian restaurant in Zürich-Oerlikon serving South Indian cuisine from the Malabar Coast, with vegetarian, vegan and halal dishes, Indian cooking classes, catering and take away.

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MALABAR

Neue
indische
Küche