



Water-Licious Releases New Infused Water Recipe Ebook

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San Francisco, California based company Water-Licious has announced the release of a new eBook with a selection of water infuser recipes. The company states that the eBook download is offered to go along with their new fruit infuser water bottle.

"We've put together a number of great fruit water recipes," says Heidi Fraser with Water-Licious. "Whatever your favorite fruit or your specific desire with your infused water, we have a recipe for it."

People are beginning to realize the benefits of healthy water recipes, such as those that contain fruits, vegetables, and herbs, as opposed to drinking sodas, energy drinks, or even plain water in some cases. Fraser states that infused water allows consumers to choose specific fruits or vegetables that offer specific benefits.

For instance, cucumber is known to have detoxifying properties and can help those looking to lose weight. Certain vegetables like kale and spinach can also be added to infused waters and they help to detox as well. More about the health benefits of water infusion can be seen on the Water-Licious website, where information

about the company's new water infusion bottle with an insulated sleeve can also be found.

"So many fruits have these wonderful healthy qualities, and many people don't know about them," says Fraser. "We therefore decided that when we released our new fruit infuser water bottle, we would also offer recipes to go along with it, so everyone would know how to create delicious and healthy water."

Their bottles, along with the eBook with water infused recipes, are available their Water-Licious website, and can buy from Amazon now. Fraser says that the recipes are easy to create and take only a couple minutes each, but can provide powerful health benefits.

Fraser says that the newly designed bottle from Water-Licious keeps the water cold longer and preserves its freshness. It is BPA and EA free and holds 24 ounces of fruit infused water, and the company states that it has a relatively large infuser basket for easier removal and to make it easier for consumers to add their favorite fruits, vegetables, herbs or tea bags.

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For more information about Water-Licious, contact the company here: Water-Licious Heidi Fraser 831-480-5116 info@water-licious.com 1730 Commercial Way Santa Cruz, CA 95065

Water-Licious

We are a small family owned company that want to help people improve their health by giving them a healthy and delicious way to drink more water. We love the outdoors and are avid bicyclists.

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