Northern Nevada Chiropractic Provides Non-Surgical Spine Care in Reno

November 23, 2026

RENO, NV - November 23, 2026 -
Northern Nevada Chiropractic provides comprehensive, non-surgical musculoskeletal care programs led by a chiropractor in Reno, NV offering patients alternative therapies for chronic back pain, disc injuries, sciatica, and joint mobility issues. Guided by its clinical philosophy that an alternative to invasive medicine is the best medicine, the practice integrates advanced therapeutic technologies to support physical rehabilitation while reducing reliance on surgery, injections, or pain medications.

Led by licensed Doctors of Chiropractic Dr. Daniel Welch, DC, Dr. Nicolas Riley, DC, and Dr. Caleb Mitchell, DC, the clinic delivers individualized care plans rooted in evidence-based assessment and physical rehabilitation. Each practitioner brings specialized clinical training to address a wide spectrum of physical conditions. Dr. Welch focuses on non-surgical spinal decompression and holds certifications in nutrition, radiology, prenatal care, biomechanics, and extremity rehabilitation. Dr. Riley, who is fluent in both English and Spanish, works extensively with patients recovering from auto accident whiplash as well as shoulder, hip, and knee conditions. Dr. Mitchell emphasizes sports medicine, assisting athletes and active individuals with injury rehabilitation and preventative conditioning.

To provide targeted relief for complex spinal conditions such as herniated discs, bulging discs, and pinched nerves, Northern Nevada Chiropractic utilizes IDD Therapy for non-surgical spinal decompression. This modality gently stretches the spine to relieve intradiscal pressure and promote natural tissue recovery over a structured, multi-month care schedule tailored to each patient's diagnostic imaging and clinical needs.

In addition to spinal decompression, the clinic's doctors maintain certifications in several complementary non-invasive modalities. These include Dry Needling to alleviate muscular tension and spasms, Class IV Hot and Cold Laser Therapy to stimulate cellular repair and reduce inflammation, and the Graston Technique for soft-tissue mobilization. The practice also incorporates Digital Foot Scanning, Shockwave Therapy, and Extracorporeal Magnetotransduction Therapy (EMTT) to provide thorough diagnostic and therapeutic support.

Beyond clinical treatment, Northern Nevada Chiropractic remains committed to patient education and community engagement throughout the Reno region. The practice maintains an accessible library of guided at-home rehabilitation exercises and educational resources to help patients sustain long-term mobility. Locally, the clinic supports several community and youth organizations, including the Northern Nevada Children?s Cancer Foundation, Nevada Storm Football, The Discovery Museum in Reno, Galena High School Athletics, and Doral Academy of Northern Nevada.

Northern Nevada Chiropractic has served the local community for more than a decade, maintaining transparent billing practices, online scheduling, and dedicated front-office support to streamline patient care for anyone seeking an experienced chiropractor in Reno, NV.

Patients and community members seeking additional details regarding personalized non-surgical treatment plans or local wellness initiatives can contact Northern Nevada Chiropractic by phone at 775-829-8686.

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For more information about Northern Nevada Chiropractic, contact the company here:Northern Nevada ChiropracticNorthern Nevada Chiropractic(775) 829-8686reception@nnchiro.comReno, NV

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