

Marshall Pediatric Therapy - Richmond Expands Mental Health Services for Children and Families

November 25, 2026

RICHMOND, KY - November 25, 2026 -
Marshall Pediatric Therapy - Richmond has expanded its focus on mental health therapy, broadening support for children and families throughout Madison County and Central Kentucky who are navigating emotional and behavioral challenges.

The expanded focus responds to a growing need for accessible, child-centered mental health resources in the region. Through this emphasis, the practice connects families with licensed mental health providers who specialize in working with children, offering play-based therapy, emotional support, and trauma-informed care within a collaborative, holistic framework.

The Marshall Pediatric Therapy - Richmond mental health therapy program is designed to promote a more stable, caring, and effective family life while helping children and their loved ones build healthier relationships. The approach centers on social-emotional wellness, pairing therapeutic techniques with the understanding that children develop best when their emotional needs are addressed alongside their physical and

developmental growth.

The expanded focus complements the practice's established range of pediatric services, which include speech therapy, occupational therapy, and physical therapy. By integrating mental health therapy into this multidisciplinary model, the practice is able to address the full scope of a child's development within a single, coordinated environment.

"Children carry emotional experiences in ways that are not always visible, and families often need guidance to understand what their child is working through," said Robin Stepp, clinical director at Marshall Pediatric Therapy in Richmond. "Expanding the focus on mental health allows the team to meet children where they are and support the entire family through the process."

The mental health services draw on a range of methods tailored to each child, including play-based sessions that allow younger children to express themselves in developmentally appropriate ways. Providers work closely with families to reinforce progress at home, recognizing that lasting change depends on a supportive environment beyond the therapy setting.

"The goal is a more stable and connected family life," Stepp said. "When children feel understood and supported, they are better able to grow, learn, and form healthy relationships with the people around them."

The practice serves families through four locations in Central Kentucky, including Nicholasville, Lexington, Georgetown, and Richmond. Each location follows a patient-centered model staffed by qualified therapists who provide interdisciplinary treatment in a warm environment. The expanded mental health focus reflects a continued commitment to addressing the physical, emotional, social, and developmental needs of the children in the communities the practice serves.

Families working with the practice can access coordinated care that bridges multiple disciplines, allowing therapists to share insights and align treatment plans. This integrated structure is intended to reduce the burden on families who might otherwise seek separate providers for each area of a child's development.

Marshall Pediatric Therapy is a multidisciplinary pediatric therapy clinic based in Richmond, Kentucky, serving children and families throughout Madison County and Central Kentucky. The practice offers speech therapy, occupational therapy, physical therapy, mental health and counseling, intensive therapy, psychological services, and additional specialty programs. With locations in Nicholasville, Lexington, Georgetown, and Richmond, the clinic is dedicated to helping children thrive physically, emotionally, socially, and developmentally.

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For more information about Marshall Pediatric Therapy - Richmond, contact the company here:Marshall Pediatric Therapy - RichmondRobin Stepp(859) 444-5330referrals@marshallpediatrictherapy.comMarshall Pediatric Therapy - Richmond1013 Center DrRichmond, KY 40475

Marshall Pediatric Therapy - Richmond

Marshal Pediatric Therapy provides Occupational, Physical, Speech, and Mental Health Therapy. Additionally, we offer focused-model behavior services (ABA) through our Building Blocks Program. We accept most insurance and Kentucky Medicaid.

Website: https://marshallpediatrictherapy.com/locations/richmond

Email: referrals@marshallpediatrictherapy.com

Phone: (859) 444-5330