



Innovative New Approach for Hiatal Hernias Heals Without Medications or Surgery

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A Hiatal Hernia is a health condition where part of the stomach protrudes up into the chest area through a small opening in the diaphragm muscle. This condition can lead to troubling health problems like acid reflux and heartburn which make it discomforting and painful to eat, drink and even breathe. Traditional medical protocol for treating hiatal hernias includes prescribing proton pump inhibitor medications and ultimately surgery, but not anymore.

Veteran Cincinnati, Ohio area physicians Dr. Paul Baker and Dr. Patrick Baker have created an innovative chiropractic technique to treat patients suffering from hiatal hernias that eliminates the need for dangerous side-effect medications like proton pump inhibitors and risky surgery. The Hiatal Hernia Release Technique or HHRT is a trademarked chiropractic protocol developed over a 23 year period of clinical experience treating hundreds of hiatal hernia patients.

"Over the last several years, we've consistently seen a 90% success rate with patients where we have utilized HHRT," stated Dr. Paul Baker. "Dr. Patrick and I are now teaching this technique to other chiropractors across the United States so they can help people in their communities."

The effectiveness of HHRT is affirmed by the doctors? patients. When asked how HHRT has improved his life, Ethan Stanley shared, ?After having pain in my abdomen for many months due to a hiatal hernia and not seeing any relief from traditional medical treatment plans, I called Dr. Baker who told me he could treat my hiatal hernia by using a special chiropractic technique that would move my stomach back to its normal position and my wounded abdomen would heal on its own. I am now finished with my treatment and I am completely healed, back to normal, and pain-free.?

For more information on HHRT or to schedule an appointment at any one of their Cincinnati, Ohio area office locations, please contact Baker Chiropractic and Wellness by calling (513) 561-2273 or visit bakerchiropractic.org.

About Baker Chiropractic and Wellness

Doctors Paul and Patrick Baker are twin brothers, Ohio natives, authors and highly respected health care professionals who have been providing their patients with quality care and expert guidance for over 23 years. Baker Chiropractic and Wellness offers a casual, family atmosphere where patients always feel comfortable and at home in any of their three Cincinnati area clinic locations in Cincinnati, Fairfield and West Chester. Learn more about chiropractic care, Dr. Paul Baker, Dr. Patrick Baker, and there team of healthcare and wellness professionals by calling (513) 561-2273 or visiting www.bakerchiropractic.org.

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For more information about Baker Chiropractic and Wellness, contact the company here: Baker Chiropractic and Wellness Dr. Paul Baker 513-561-2273 cincinnati@bakerchiropractic.org 4781 Red Bank Rd. Cincinnati, Ohio 45227

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