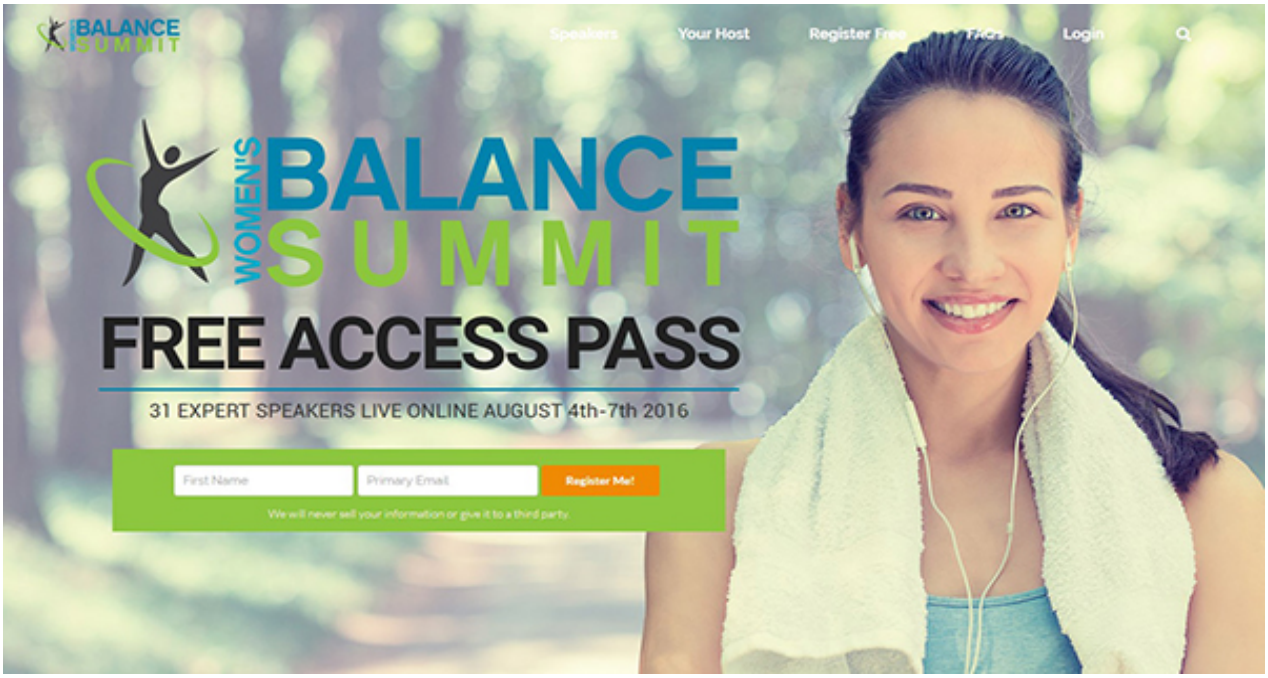


Free Online Women?s Balance Summit Begins August 4, 2016

July 26, 2016

July 26, 2016 -

Boynton Beach, FL: Moms, daughters, grandmothers, sisters, and women from all walks of life can now register to attend the Women?s Balance Summit free online event taking place from August 4-7, 2016. This health and wellness rich resource is designed to assist females of all age groups with developing a more balanced lifestyle. An ever expanding number of women struggle to find the proper balance between their health, work, responsibilities and priorities. Those who attend the Women?s Balance Summit will be pleased to discover tips, secrets, insights, and tools to help them achieve the type of balance they desire for their daily lives.

?The female body consists of an entirely different chemical composition than that of males,? states George Shepherd, founder of 360 Summits. ?Raising a family, maintaining a career, and monthly hormonal challenges can create an overwhelming amount of stress on a woman. This can lead to lack of sleep, reduced energy levels, and even mood swings, which can eventually cause health problems if left unchanged.?

Shepherd further explains, ?With the Women?s Balance Summit, we are using an online educational portal that is quickly becoming the industry standard for sharing valuable information, as a means of providing information to women of all age groups that we feel has the potential to be beneficial to their overall health and daily lives.?

Those who attend the Women?s Balance Summit will be excited at the possibility of enjoying presentations from 31 experts on women?s health and wellbeing. Tightroping: The Art of Work-Life Balance, Get Your Libido Back In Balance, Top 5 Nutrition and Lifestyle Tweaks for Balanced, Vibrant Energy, Self-Care = Success, Getting Real About Money, Mindset and Creating an Abundant Life, and What Your Female Cycle Has to Do With Your Mind, Body and Business, are a handful of the topics that will be discussed.

Presenters at the Women?s Balance Summit include: Toni St. Clair, Tonya Rineer, Pamela Stokes Eggleston, Jessica Drummond, Tiffany Peterson, Dana Malstaff, Robyn Openshaw, Nicole Jardim, Megan Lyons, Mallory Leone, Dr. Keesha Ewers, Cassandra Herbert, Lacey Book, Dr. Jolene Brighten, Quinn Curtis, and several other professional presenters.

All those interested in attending can register for free, view the schedule of presenters, topics, descriptions and more at http://360summits.com/balance-summit/ Learn more about 360Summits and view their other online virtual events calendar at: http://www.360summits.com/.

###

For more information about 360Summits.com, contact the company here:360Summits.comGeorge Shepherd714-436-1234george@cdipublications.comPO Box 9Boynton Beach, FL 33425

360Summits.com

360Summits.com specializes in online specialty events. Our access portal allows attendees to connect will all summit recordings, bonuses and more with one secure login. Experience the future of live events at http://www.360summits.com

Website: http://www.360summits.com

Email: george@cdipublications.com

Phone: 714-436-1234

