1st Family Dental Releases Information On Deep Dental Cleaning Vs Regular Cleaning

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1st Family Dental, a dental clinic with 11 location in Chicago, IL and the suburbs, has recently released a new blog post that explains the differences between a deep dental cleaning and a regular dental cleaning. The deep dental cleaning vs regular cleaning blog post was written and published to make people realize that aside from the regular cleaning of the teeth they are familiar with, there is also deep dental cleaning for those who have gum disease or periodontitis.

Vicky Khawaja from 1st Family Dental says: "To ensure people are empowered to take control over their own dental health, we have published a blog post to make people know that there is such a thing as deep cleaning. We felt the need for the blog post because almost half of adults over 30 in the US have some kind of gum disease. If those with gum disease would request for regular teeth cleaning, the dentist would likely refuse to do so because it would be unethical knowing that periodontitis should be treated or it would lead to tooth loss and other health problems."

Regular cleaning focuses only on the teeth above the gum line. A deep dental cleaning, which uses scaling and root planing, focuses under the gum line where bacteria, debris and tartar have accumulated. The tartar

under the gum line is where bacteria can thrive because they cannot be eliminated by regular teeth cleaning, brushing or flossing. This causes inflammation resulting into bone loss and loose teeth.

As a dental services provider, 1st Family Dental is committed to ensuring people can make the right decision for their own dental health. This is why they cover a number of topics on the clinic's website that enable people to gain a greater degree of understanding over different procedures and conditions. For more information on periodontitis and deep cleaning, people can take a look at http://1stfamilydental.com/resource-library/common-dental-issues-procedures/deep-cleaning-periodontal-maintenance/.

People are encouraged to visit the 1st Family Dental website on http://1stfamilydental.com/ for further information and to register as patients.

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1st Family Dental

1st Family Dental was founded with a simple and yet profound vision: People of all ages deserve excellent and affordable dental healthcare, whether or not they have dental insurance.

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