



## **New Book Unlocks Secrets of Coconut Oil and Teaches How It Enhances Health and Beauty**

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Veteran Cincinnati, Ohio area physicians Dr. Paul Baker and Dr. Patrick Baker announced today the recent release of their latest book titled: Coconut Oil Secrets for Health & Beauty, The Ancient Code to Capturing The Essence of Coconut for a Life of Vitality.

The doctors collaborated with Coconut Country Living owner, Michael DiSalvo, to author this one-of-a-kind book about how to capture the essence of the coconut to enrich health and beauty. The book explains the many benefits of coconut oil and unlocks the secrets of how it may improve cardiovascular health, digestive health, reproductive health, dental health and more.

"The coconut is an interesting fruit with a long and amazing history. It's been an essential part of human life for thousands of years," stated Dr. Paul Baker. "Every inch of the coconut tree can be used and it's widely referred to as the "Tree of Life" in many cultures around the world."

"The most beneficial qualities of a coconut comes from the flesh," explained Michael DiSalvo. "The flesh is used to make coconut milk, coconut butter and most importantly coconut oil, which is full of vitamins and

minerals.?

?When you read this book, you?re going to discover some unknown health benefits of coconut oil,? said Dr. Patrick Baker. You?ll also learn about its beauty secrets that improve the appearance of your hair and skin. Coconut oil revitalizes both the way you look and feel!?

To purchase a copy of the doctors? book, visit the following link (Coconut Oil Book) or contact Baker Chiropractic and Wellness by calling (513) 561-2273 or by visiting [bakerchiropractic.org](http://bakerchiropractic.org).

### About Baker Chiropractic and Wellness

Doctors Paul and Patrick Baker are twin brothers, Ohio natives, authors and highly respected health care professionals who have been providing their patients with quality care and expert guidance for over 23 years. Baker Chiropractic and Wellness offers a casual, family atmosphere where patients always feel comfortable and at home in any of their three Cincinnati area clinic locations in Cincinnati, Fairfield and West Chester. Learn more about chiropractic care, Dr. Paul Baker, Dr. Patrick Baker, and there team of healthcare and wellness professionals by calling (513) 561-2273 or visiting [www.bakerchiropractic.org](http://www.bakerchiropractic.org).

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For more information about Baker Chiropractic and Wellness, contact the company here: Baker Chiropractic and Wellness Dr. Paul Baker 513-561-2273 [cincinnati@bakerchiropractic.org](mailto:cincinnati@bakerchiropractic.org) 4781 Red Bank Rd. Cincinnati, Ohio 45227

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