

New Mobile Corporate Massage Service Offered In Melbourne

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Corporate Massage Melbourne has announced a new mobile office seated massage service. The company states that office massages can help to reduce staff turnover and increase overall team happiness. The company explains that the massage service is a way to motivate employees and help them to feel more comfortable during their workday.

Kurt Moller with the company says, "Seated massages help to relax and remove stress. They're great for giving your workforce a bit of motivation and helping them to recover from stress."

Corporate Massage Melbourne, whose services can be seen at www.corporatemassagemelbourne.net.au, offers seated massage, which is typically conducted for up to half an hour, and including a combination of deep tissue and Swedish massage techniques. These massages help to lessen stress on the muscles in the shoulders, back, neck, hands, and arms.

With regards to workplace injuries, those working in offices typically complain more about neck and back soreness, as well as various arm and wrist ailments such as carpal tunnel syndrome. Many of these issues are caused by sitting at a desk or working in front of a computer for long periods of time.

"Our massage can help to alleviate strain on these areas, which will ultimately lessen pain," says Moller. "They are perfect to implement as part of overall company wellness programs, and can benefit the company as much as the employee because when employees are more relaxed, they are also more productive."

Moller says that the mobile office massages are given to individuals who are fully clothed and are typically done while the employee is seated on a chair that is specifically designed for seated massage. The ergonomically designed chair fully supports important areas of the body, such as the torso, arms, legs, and head. These chairs are designed to be mobile, so they are easily moved from office to office or to conference rooms, lounges, or anywhere they are needed.

Moller states that seated massage is the most convenient form of massage available, and one that benefits office workers the most. More about this and the other services provided by Corporate Massage Melbourne can be seen on the company's official website at corporatemassagebrisbane.net.au.

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For more information about Corporate Massage Melbourne, contact the company here: Corporate Massage Melbourne
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Corporate Massage Melbourne

Corporate Massage Melbourne has been providing professional corporate massage services of exceptional quality to hundreds of clients throughout Australia and New Zealand since 1999

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