



## **InsideOut Hyperbaric and Wellness Center Created a Great Interest at Dixie Fitness Expo 2016**

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Insideout Hyperbaric and Wellness Center, located in St. George UT, provides alternative holistic services for athletes, people with body trauma, chronic diseases, autistic children and much more. The Center has the technology and ?know how? to help clients achieve the highest levels of health or athletic performance possible.

This is the inaugural year of the Dixie Fitness Expo. In spite of this fact, the expo attracted local companies such as Huntsman Senior Games, Summit Athletic Club, Worldmark by Wyndham, Vasa Fitness club, Crossfit Zion and others. They were around 100 local companies connected to the local fitness industry including Mesquite, Nevada.

Inside Out Hyperbaric and Wellness Center was one of the first companies that decided to participate in the Dixie Expo 2016. The Center set up a booth with a hyperbaric oxygen therapy chamber and inBody770 machine. This equipment created akin interest from the fitness community and expo visitors.

Local athletes had an opportunity to experience oxygen therapy and feel its positive effect after extensive workout offered right there at the Expo.

The drawing for the bronze treatment package provided by InsideOut Hyperbaric and Wellness Center brought even more people to already crowded booth.

Ryan Brinkerhoff, the co-owner of InsideOut Hyperbaric and Wellness Center, said, "I'm very pleased with the Expo outcome. We had lots of interest from the local community. People asked a lot of questions about hyperbaric oxygen therapy. The questions ranged from fitness performance to autism, trauma, and chronic health conditions."

The lucky winner of the drawing was announced by the InsideOut Hyperbaric and Wellness Center on August 10th, 2016. Alexis Reiche, the front desk manager for Summit Athletic Club, won a bronze package that is recommended for people who want to bring back vitality & youth, after plastic surgery or any other surgery.

The package includes 20-minute Complimentary consultation, 3 Hyperbaric Oxygen Therapy Sessions, 2 Nerve Express system diagnostic scans (1 before and after 3 sessions), 1 Body Composition Analysis, 2 FREE recommended supplements? samples and 1 Complimentary UVB sun therapy session. The value for this package is \$239.00.

Brinkerhoff stated, InsideOut Hyperbaric and Wellness Center will continue to increase its visibility, educate community about great benefits of hyperbaric oxygen therapy and proudly serve Saint George and Washington County, Utah areas.

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For more information about InsideOut Hyperbaric & Wellness Center, contact the company here: InsideOut Hyperbaric & Wellness Center Ryan Brinkerhoff 435-634-9355 insideouthyperbarics@gmail.com 640 East 700 South Bldg. # 3 Saint George Utah 84770

### **InsideOut Hyperbaric & Wellness Center**

*InsideOut Hyperbaric and Wellness Center was created to provide the members of our community with the technology to help them to achieve their health goals, no matter what those goals may be.*

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