

Popcorn Poppers Hub Helps Make Popcorn Healthy Again

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The Popcorn Popper Hub, based in Chattanooga, TN, has released new information to help people identify the different types of popcorn makers out there, ensuring that they can avoid consuming unhealthy microwave popcorn. Popcorn is indeed one of the most popular snacks in the US, and many people have packs of microwavable, pre-packed popcorn in their cupboard. However, new research has now shown that this snack, which has long been hailed as a healthy pleasure, is not that healthy at all and actually has quite a few dangers associated with it.

Catherine M. Bowman from the Popcorn Popper Hub says: "Everybody thinks that popcorn is really healthy. This is true to a certain degree, if cooked properly. Done wrong, and particularly when using microwave popcorn, the snack is actually loaded with fat, salt, and sugar. What we have done is create a comprehensive database of the different types of popcorn poppers out there, ensuring people are able to enjoy this tasty snack in a healthy manner."

With more and more people wanting to eat healthy foods, popcorn sales have gone through the roof. Unfortunately, unsuspecting consumers trying to make healthy choices are actually inevitably consuming too much sugar, fat, and salt. By using one of the many different types of popcorn poppers that exist as described by the Popcorn Popper Hub, however, this can be avoided.

"The information we have available is suitable for domestic and professional users alike," adds Catherine M. Bowman. "Having a popcorn stand is a sure fire way of attracting customers. The smell alone will have people drifting towards you. But if you can then add the fact that you serve healthy popcorn, you've really found a winner. Do browse through all the information that we have collected in order to see what the options are."

Popcorn can be healthy, as well as tasty. Different flavors can be added to it in order to change its taste, and this can also be done in a way that is not only healthy, but further supports the body. For instance, adding cinnamon can help lower overall blood sugar and glucose levels.

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For more information about Popcorn Popper Hub, contact the company here: Popcorn Popper Hub Catherine M. Bowman 423-309-0245 todd@caseo.ca 2792 Public Works Drive Chattanooga, TN 37403 Curious what Catherine me

Popcorn Popper Hub

Popcorn is the most awesome snack ever invented because it's so versatile. You can make it sweet. You can make it light and healthy.

Or, you can squirt butter and salt all over it and indulge.

Website: <http://popcornpopperhub.com/>

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