

American Author Ann Sullivan Launches New eBook: Coriander Essential Oil

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October 28, 2016; Boynton Beach, FL: Ann Sullivan, a reputable member and leading voice of reason in the alternative wellness industry, proudly and eagerly announces the launching of her newest eBook effort titled Coriander Essential Oil. Ann, and her company Ann-Sullivan.com, strive to maintain an eco-friendly image and atmosphere by reducing carbon footprints and environmental impacts whenever possible. In keeping with this company mission statement, Coriander Essential Oil will only be available digitally through the Amazon Kindle store.

"I have a couple of friends who are in the traditional work force," explains Ann Sullivan, author of several essential oil and digital recipe eBooks. "Their 9-5 jobs often involve an enormous amount of overtime and stress, which has resulted in the extremely painful presence of migraine headaches on more than one occasion. Although I have never been unfortunate enough to experience a migraine personally, I do have recommendations for alleviating the symptoms associated with them; coriander essential oil is one of them!"

Published with flip book style formatting, this digital rendition incorporates a touch of familiarity with traditional physical print publications. As an information rich resource, Coriander Essential Oil, is a veritable treasure chest of educational material explaining the benefits, properties, and uses of Coriander essential oil. Consumers will discover the proper methods of applying essential oils, the recommended safety precautions to employ when using and applying the oils, as well as the suggested procedures for securely storing the oils when not in use.

"Coriander essential oil will work wonders for migraine pain relief," states Sullivan. "It can also be used to alleviate painful symptoms associated with achy joints and muscles, as well as arthritis. In addition, Coriander essential oil can be used as an appetite enhancer, or on the flip side of that coin, it can be used to relieve upset stomach and nausea. If you are looking for a good, all-around essential oil to try out before buying others, I would recommend grabbing a bottle of Coriander essential oil as a trial sample."

As a respected member and reputable leader of the alternative wellness industry, Ann-Sullivan.com aims to

furnish the most up-to-date, relevant, and pertinent information regarding essential oils to all their clients, new members, and the rest of the essential oils community.

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I am an author who specializes in alternative wellness remedies as well as delicious cuisine specific recipe books. My goal through this combined effort is to help those who want to enjoy an invigorating and exciting lifestyle.

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