



## **Aid & Prep Published Article on Tasks To Do When Changing Clocks**

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Aid & Prep, a Pasadena, CA company specializing in home and travel preparedness items has published a timely article on safety and home preparedness things to do around the home when Daylight Savings Time ends.

The article, which was published on their blog at [Aidandprep.com](http://Aidandprep.com) shows people how to use the clock change to remind them of tasks that we often don't think about performing because they are not needed on a daily basis. The article is called 7 Reminders to Coincide with the End of Daylight Savings Time.

Aid and Prep founder, Brodie Vaughn, says that his family always had a checklist around Daylight Savings Time and the end of Daylight Savings Time of things that needed cleaning, replacing or storing. From mattresses being turned over to batteries in smoke detectors and carbon monoxide detectors being changed, they used the time to change to remember.

Aid and Prep sells their preparedness gear primarily in the Amazon marketplace and two of their offerings are part of the bi-yearly reminder. One is a battery operated LED light that works well as a night light and a closet

light. Because it runs on batteries, which are included they are perfect to have close by in case of emergencies. The lights are COB Led with a brightness of 200 lumens. All emergency lights should have batteries nearby and be checked periodically to make sure the batteries are working.

The other item is a compact first aid kit with over 120 items. Some items in kits such as pain relievers may expire and these need to be checked periodically as well. Aid & Prep kits are made in the USA and come with lot #'s and expiration dates on them unlike ones made in China. Vaughn noted that, "We set our clocks and leave them alone for months. If you think about it, we do that with many items in our home. So when you go to change the clocks, it means you generally walk around your house to the different clocks on the wall or nightstand or oven. This gives you a perfect opportunity to look around at other items you likely ignored before and make sure everything you need is up to date."

"Daylight Savings Time ended November 6th, if you changed your clocks but didn't change anything else," Brodie says, "you may have missed a vital step in making sure you're prepared in emergencies."

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## **Wholeness Home**

*Wholeness Home was created with the simple vision of bringing high quality affordable home and kitchen products to the consumer at an exceptional value.*

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