

US Culinary Author Ann Sullivan Releases New Book: 101 Savory Butternut Squash Recipes

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November 16, 2016; Boynton Beach, FL: Culinary artist Ann Sullivan, a respected recipe writer for both the American cookbook community and international cuisine industry, proudly announces the release of her latest recipe book titled 101 Savory Butternut Squash Recipes. Ann, through her self-titled company Ann-Sullivan.com, embraces environmentally enhancing opportunities when they are discovered. Maintaining adherence to this highly valued company policy, 101 Savory Butternut Squash Recipes is currently available in digital format through the Amazon Kindle store. Consumers may also order print on demand copies from Amazon's Createspace company.

"I have been hard at work making sure all of my holiday related recipe books are published and available," explains Ann Sullivan, author of several recipe books and essential oils guides. "The winter holidays are just around the corner and millions of people are looking for exciting new ideas to bring to the dinner table. Butternut Squash is a side dish that can accompany many of the main entrees that are familiar fare this time of year. Not everyone is a fan of Butternut Squash, I have two family members who will not eat it unless it has been prepared from a recipe; they just don't like the taste of it by itself, so I am always trying something new with this vegetable."

Previously published with flip book style formatting and offered digitally, this recipe book is now available through Createspace, allowing customers to order a physical print copy on demand and consume the information with the option that best suits them. 101 Savory Butternut Squash Recipes is an easy to read and simple to follow cookbook. Author Ann Sullivan has assembled detailed descriptions of ingredients, directions, and instructions in such a way it eliminates the guesswork from the equation and ensures successful preparation of these tantalizing recipes. Veteran homemakers and seasoned stove top chefs will appreciate the ease with which these recipes are prepared and completed.

"We are fortunate enough to grow our own Butternut Squash in the garden," states Sullivan. "We live a little further south than most, so we are just now harvesting our Squash and prepping it for winter storage. Off the vine Butternut Squash always seems to be more flavorful than store bought, in my opinion, and is the only

way to go when preparing it as a side dish. Not everyone has a garden, but if you know someone who does, I would suggest trying to wrangle a few Butternut Squash from them for the holiday feasts!?

Ann Sullivan, a respected recipe writer and rising star of the culinary community, strives to provide the latest and greatest recipe ideas to ever come out of a kitchen. Ann Sullivan, featured author and CEO, intends to incorporate as many different cuisines, delicacies, and desserts as possible, to encompass people from all walks of life.

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I am an author who specializes in alternative wellness remedies as well as delicious cuisine specific recipe books. My goal through this combined effort is to help those who want to enjoy an invigorating and exciting lifestyle.

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