



Folding Chess Set Found To Improve Different Forms Of Intelligence

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GrowUpSmart, an educational toys and games company, has reported that it has now been found that those who play chess have greater emotional intelligence and psycho-social skills. It is proud of the fact that their folding chess set, available through <http://www.amazon.com/Wooden-Chess-Set-Board-Game/dp/B01986YUZ2>, is able to contribute to that development.

GrowUpSmart's Martin Reinhold says: "Most of us associate chess with traditional intelligence, but now a number of studies also suggest that playing chess improves cognitive and emotional functions. This is excellent news and we hope it encourages more people to pick up the game."

Chess is a strategy game that is believed to have first been played around 600 AD in Afghanistan. It is a game of strategy that is played all over the world by people of all ages. The nature of the game is such that it requires the use of a great number of skills, including perceptiveness and mental acuity. Those are things that most people would class as intelligence.

However, intelligence is measured by a lot more than just IQ points. Emotional intelligence or EI is now understood to also be very important in terms of overall intelligence. Martin Reinhold adds: "EI is about being able to see emotions, control them, and evaluate them. What chess does is bring together people as equals, regardless of their socioeconomic states, gender, or race. This has been determined by a study from the Freedom Chess Academy. They showed that EI is improved in chess players, as well as their psycho-social skills."

Interestingly, it now seems that it is not just a case of intelligent people being more likely to play chess. Rather, those who play chess are better able to develop their intelligence as well. This is precisely what is at the heart of the products that GrowUpSmart develops.

For further information, people are encouraged to visit the GrowUpSmart website at <http://growupsmart.com/smart-tactics-chess-set/>.

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GrowUpSmart

GrowUpSmart is a company based on the idea that children learn best when they are playing.

We develop and sell educational toys and games and are always looking for the best way to provide the highest possible educational value in our products.

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