

The CoachVille Podcast Spotlights Mary Legakis Engel of The Management Coach

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Oakville, ONT, Canada - Mary's big coaching dream is for every manager to love their work and for every employee to love their manager. Mary is interviewed by Coach Dave Buck, MCC, the CEO of CoachVille.

Reality TV led her to a thriving coaching business.

Mary shares the backstory of how she got into coaching. She was a successful management consultant gaining a lot of valuable experience with the everyday lives and experiences of managers and leaders. In her personal life she was in a "dark night of the soul" type of experience as the result of a relationship break up. She knew she was on the verge of a major personal transformation but didn't know what to do about it. While watching a Reality TV show she discovered the concept called "Life Coaching". She hired 2 coaches and her adventure began.

She made a strategic decision to attend Coach Training at CoachVille because she wanted to bring powerful Life Coaching tools to the coaching she planned to do with managers in the corporate world. By combining her in depth experiences from Management Consulting with her own path of personal transformation through having a coach and the coaching abilities and methods she learned at CoachVille she creates truly unique value for her clients.

Mary shares that her biggest breakthrough in becoming a coach was learning how to listen for deeper truths. She was already good at listening for content, but she had to learn how to listen from a deeper presence to bring out the magic of life-changing conversations.

She shares a story about a CEO who was stuck at the same revenue total year after year. With Mary using the Inner Freedom Method he went deep into his emotional experience of life to release his need for control so that he could truly lead his team. As a result he became a focused collaborator and his team hit new

revenue targets.

Mary authentically shares about her experiences in building her coaching business step by step over a 6 year period. Her story will be an inspiration to anyone building a business from scratch. The clarity that people need to thrive in the world and build a team requires persistence and a willingness to release inner resistance.

She laughs and lovingly refers to CoachVille and the programs of Thomas Leonard and Dave Buck as "The Golden Pond" of coaching.

Listen to the podcast on CoachVille's website:
<http://www.coachville.com/2016/12/07/cv-podcast-episode-012-cv-member-spotlight-mary-legakis-engel/>.

For more information about Mary Legakis Engel, visit <http://www.themanagementcoach.com>.

For more information about Coach Dave Buck and CoachVille, visit <http://www.coachville.com>.

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CoachVille, LLC

CoachVille, a coach training school, a organizational leader in the industry and a social network for coaches. We have over 4500 students and 35000 members. Our school was launched in 2001 by Thomas Leonard, the founding father of the coaching industry.

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