



## **Jiaogulan Tea Helps People Deal With Holiday Season Stress**

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The holiday season is one that is supposed to be about enjoyment, but in reality it is also a time period when people feel excessive amounts of stress. As a result, they are turning towards natural remedies to help them relax more. In connection with that, Grandville, MI company The Immortalitea Company has seen a significant increase in interest in their tea made from Jiaogulan, which has been scientifically proven to help lower stress levels.

"We're very happy to see that people are recognizing that they need to lower their stress levels, and that they realize the best way to do that is through natural products," says The Immortalitea Company's Margo Chupeido. "We have seen a massive spike in the number of people who have purchased our jiaogulan tea, and we've really enjoyed hearing from people telling us how they have benefited from it."

Jiaogulan is the Chinese name for gynostemma, as it is more commonly known in the west. Some 5,660 scientific studies have been completed for gynostemma, and its genome has been recently mapped as well. These studies have demonstrated the significant health benefits of the herb, with no other natural product having so many benefits. The herb is known to help improve circulation, which in turn makes it easier to have

a good night's sleep.

Through continuing research, it is now also known that the herb helps people improve their mental clarity and memory. It also boosts the immune system, which is particularly important during the winter season. When the holiday period starts, people's immune system is often further weakened due to their high stress levels, which is another reason why this tea is so important during this time of year. Finally, it helps to boost the metabolic feedback system, which means people are better able to digest, helping the to maintain a healthy weight as well.

Those who have tried the Immortalitea jiaogulan tea have been full of praise. Kimberly says on the company website: "I truly love this tea. I have noticed that I am more relaxed and mental focused. I enjoy it both during the day and always at night as part of my wind down ritual. I've not noticed any weight loss/metabolism boost yet. It's also quite delicious; naturally sweet, so you don't need to add anything to it."

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For more information about The Immortalitea Company, contact the company here: The Immortalitea Company  
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### **The Immortalitea Company**

*The Immortalitea Company offers health-conscious organic and pesticide-free teas including jiaogulan, mulberry leaf, and gourmet organic teas.*

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The logo for Immortalitea features the word "IMMORTALITEA" in a stylized, serif font. The letters are outlined in black. The letter 'O' is filled with green, 'R' with yellow, 'T' with blue, and 'A' with red. The entire word is underlined with a double horizontal line.