



## **Information Released On Ways To Address Body Temperature Changes After Bariatric Surgery**

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Bariatric Mexico Surgery, a facilitator company based in Tijuana, Baja California, Mexico, has recently released information for patients on what they can do with regards to the changes in body temperature that they feel after undergoing bariatric surgery. Alma Orozco, spokesperson for the company, says that body temperature changes are perfectly normal, and although they can be uncomfortable, they do not indicate a problem with the surgery.

"When you have surgery, any surgery, you have to expect a number of changes to your lifestyle as well as your body while you are healing. These changes can often include various body temperature adjustments as your body heals itself and becomes more accustomed to the changes that you have made," explains Orozco.

Orozco states that bariatric surgery often means a number of changes which include losing weight and experiencing better overall health in general. He says that because of the weight loss due to bariatric surgery, many patients often experience dips or increases in their body temperature.

"Some patients are going to feel as if they are experiencing hot flashes. Others, however, may feel as if they

are literally freezing at all times. This is all perfectly natural and there are a few things that you can do following your surgery to help maintain your body temperature and to remain more comfortable while you heal," says Orozco.

The clinic states that bariatric surgery often results in rapid weight loss. In turn, they state that this means the loss of body fat, which generally helps patients to feel warm. During rapid weight loss, the metabolism also slows down, which can cause another decrease in body temperature. Orozco recommends keeping a sweater or jacket handy in cases of cold temperature and being prepared for body temperature changes. He states that these temperature fluctuations are typically short term. Patient body temperatures typically return to normal within 18 months or so, after their body weight has stabilized.

Those interested in learning more about body temperature fluctuations during surgery or about the services provided by Bariatric Mexico Surgery can visit them online at <https://www.bariatricmexicosurgery.com/gastric-sleeve-surgery/>. The company would like to point out, however, that information on their website should not be considered as medical advice and should not be used as a basis for making a decision with regards to a person's health.

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For more information about Bariatric Mexico Surgery, contact the company here: Bariatric Mexico Surgery Alma Orozco 1 (800) 316-8234 [info@bariatricmexicosurgery.com](mailto:info@bariatricmexicosurgery.com) Diego Rivera 2386, Zona Urbana Río Tijuana, Tijuana, Baja California 22010 Mexico

## **Bariatric Mexico Surgery**

*Bariatric Mexico Surgery works with individuals who are interested in weight loss surgery by answering questions and offering bariatric surgery procedures through a relationship with some the best surgeons in North America.*

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