



# Thyroid Health Club

## Thyroid Health Club Announces Importance Of Minerals And Nutrients In Iodine Supplement

*February 03, 2017*

February 03, 2017 - PRESSADVANTAGE -

Los Angeles, California based Thyroid Health Club has announced a healthier and more natural alternative to surgical or prescription based thyroid treatment. The company states that their thyroid support formula contains healthy nutrients and minerals that are vital for healthy thyroid function.

"Generally speaking, natural is a much better way to treat most ailments," says Dr. Obada Yousif, endocrinologist and the founder of Thyroid Health Club. "You want to choose natural remedies as much as possible for optimal health."

Yousif explains that it is important to know the symptoms of an underactive thyroid before beginning any treatment, even natural supplements. He states that those feeling fatigued often and who experience dry hair or hair loss, dry skin, poor memory, unexplained weight gain, and other symptoms should check with their doctors to see if they are suffering from hypothyroidism or an underactive thyroid.

"If you are diagnosed with hypothyroidism," Yousif states, "You may want to begin looking at your treatment options."

Yousif says that the supplement offered by Thyroid Health Club offers an energy boost as well as other benefits that help to combat hypothyroidism by providing nutrients and minerals that the body needs to ensure optimal thyroid function. He says that the L-Tyrosine, kelp, selenium, and other ingredients found in the company's supplement have been proven to be effective in keeping the thyroid healthy, and he states that health supplements are often the only thing needed to ensure optimal health.

Yousif also says that the supplement contains only natural ingredients, so those taking it are not risking health issues due to chemicals or processed ingredients. He says that the supplement does not contain HFCS, binders, artificial colors, gums, or various other ingredients that can lead to more health problems in addition to an underactive thyroid.

The Advanced Thyroid Support supplements by the company are the result of many years of research into a healthier and more natural remedy for hypothyroidism. Yousif says that the supplements contain a carefully blended combination of herbs, minerals, and amino acids, all of which are vital for optimal thyroid function. More about the supplement can be seen on the company's website.

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For more information about Thyroid Health Club, contact the company here: Thyroid Health Club Obada Yousif 315-636-4466 wellness@thyroidhealth.club 8605 Santa Monica Blvd #54203 Los Angeles, CA 90069-4109

## **Thyroid Health Club**

*Dr. Obada Yousif -Endocrinologist understanding the challenges posed by traditional medicinal products and the risks associated with their use, created thyroidhealth.club to provide today's families with a range of quality products for their daily lives.*

Website: <https://thyroidhealth.club/>

Email: [wellness@thyroidhealth.club](mailto:wellness@thyroidhealth.club)

Phone: 315-636-4466



## **Thyroid Health Club**