

FitChance Releases Workout Equipment Reviews

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FitChance offers two comprehensive reviews on the topic of exercise equipment. The reviews cover ab workout machines and power towers.

FitChance is pleased to announce the release of two comprehensive reviews for those considering the purchase of home exercise equipment. The website offers a review of the top ten best ab workout machines for 2017. A second review describes the top ten best power tower reviews. The reviews for the ab machines are combined with a number of workout examples which can be used to trim and strengthen the abdominal muscles.

For most people, the abdomen is one of the first places to show a build up of fat. It also seems to be an area of the body which is difficult to control. The best ab machine options allow for performing a range of exercises which will tighten the abs. With regular usage, the person can look better and feel better about their body image. According to the ab workout machine review (<http://www.fitchance.org/top-10-best-ab-workout-machine-review-2017/>), the convenience of in-home equipment means that individuals are more likely to make use of the device.

The reviews are in various categories. These include adjustable sit-up benches, power towers, Roman chairs, Ab Rocket Twister, crunch equipment and Ab Wheels. Other top equipment in the review category includes Ab lounges, Ab-Doer Twist Equipment, Ab Coaster and Ab Circle Pros. Within each of these categories are several specific products.

A second review article which was posted is the posting of the top ten best power towers. The article provides a list of features to consider when looking for a power tower (<http://www.fitchance.org/top-10-best-power-tower-review/>). The first consideration is to determine the kinds of exercises which can be performed on the equipment. Additional features include the composition of the structure, whether there are rubberized feet or grips to avoid sliding or damaging floors and whether the handles for performing exercises are foam-covered or padded. Size and cost are also features to think about.

For more information about the site, visit the web pages at <http://www.fitchance.org/>.

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